

2021 Track & Field Bulletin



This is a live document and is subject to change at the discretion of the CHSAA office

All editorial changes will appear in green

All new changes will appear in blue

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CHSAA CONTACT: Lane Ververs, (303) 344-5050 – lververs@chsaa.org

[CHSAA TRACK & FIELD INFORMATION](#)

The state meet will be held June 24-26 at Jeffco Stadium. Please click [HERE](#) for the state schedule. The state meet will be ran as the 2021 state schedule is posted.

CHSAANOW



Updated 6/11/2021

VARIANCE REQUIREMENTS: TRACK & FIELD

All track meets, regarding specific variances and numbers, should go through your local county health department and school district.

2020-21 TRACK & FIELD COMMITTEE

CHRISTINA MINER, CHAIR

Palmer High School (5A) (2021)

Christina.miner@dfl.org

AUSTIN WERTZ

Lamar High School (3A) (2022)

austin.wertz@lamarschools.org

BRIAN MITCHEM

Paonia High School (2A) (2022)

paoniatrack@gmail.com

RANDY MAYES

Liberty Common High School (3A) (2023)

joshua.trahan@asd20.org

CONNIE O'DONNELL

Pagosa Springs High School (3A) (2022)

codonnell@pagosa.k12.co.us

DON MYERS

Arickaree High School (1A) (2023)

donm@arickaree.org

WES SMOCK

Grandview High School (5A) (2023)

wsmock@cherrycreekschools.org

MICHAEL DEWALL

Berthoud High School (4A) (2022)

Michael.dewall@thompsonschoools.org

SAMMI CHADWICK

Cheyenne Wells High School (1A) (2022)

sammi.chadwick@cheyennesd.net

SCOTT MANCHESTER

Canon City High School (5A) (2023)

scott.manchester@canoncityschools.org

Colorado High School Coaches Association (CHSCA) Representative:

President: **John Walsh**, Grandview High School

Vice-President: **Daniel Joiner**, Roosevelt High School

Officials' Representative: Gary Strubel, CTFOA President, gharleyclassic@gmail.com

State Rules Interpreter: KC Logan, kclogan@hotmail.com

Assistant State Rules Interpreter: Jim Gjerde, jgjerde@comcast.net

2020-21 CHSAA COMMITTEE MEETING: Thursday, September 23, 2021 – 9:00 am via Zoom. This is an open meeting. All coaches and AD's are welcome to attend. **If you have a specific item that you wish to address with the committee, you will need to fill out and submit a CHSAA Proposal Form (one week prior to the meeting) that needs to be signed by your league and send to Lane Ververs. Please E-mail Lane at lververs@chsaa.org to request this form. No proposals will be accepted without this form.**

HOW TO GET RECOMMENDED FOR A COMMITTEE: Contact your league president, athletic director or Legislative Council Representative in February for a recommendation.

ELIGIBLE MEMBERS – No more than 25% of a sports committee may be made up of coaches and the committee chairperson may not be a coach. The remainder of the committee shall be made up of any of the following: superintendents, district athletic directors, principals, athletic directors, activities directors, or other designated administrative personnel, including members of Boards of Education and members of private school governing boards. This restriction is not applied to CHSAA administrative and non-athletic activities committees

2020-2021 MAJOR BYLAW CHANGES

MAJOR BYLAW CHANGES 2020-2021

1. ACTIVITY-ONLY MEMBER SCHOOLS

-- *Constitution & Bylaws, Article 6, Rule 600.4* page 24

2. CLOC COMMITTEE – Sport & Activity Adjustment in Off Years

-- *Constitution & Bylaws, Article 15, Rule 1510 (e)* page 44

3. INTERNATIONAL STUDENTS

-- *Constitution & Bylaws, Article 18, Rule 1800.1* page 66

4. RESTRICTED VARSITY ELIGIBILITY

-- *Constitution & Bylaws, Article 18, Rule 1800.47* page 69

5. HOMELESS STUDENTS – ELIGIBILITY

-- *Constitution & Bylaws, Article 18, Rule 1870* page 75

6. COACH EJECTION

-- *Constitution & Bylaws, Article 20, Rule 2010.3 (and table)* page 86

7. HIGH SCHOOL/MIDDLE SCHOOL PRACTICE ALLOWED

-- *Constitution & Bylaws, Article 23, Rule 2310.1* page 91

8. PRACTICE REQUIREMENT CHANGE

-- *Constitution & Bylaws, Article 23, Rule 2310.3* page 92

9. TEAM COMPOSITION

-- *Constitution & Bylaws, Article 28, Rule 2850.1* page 116

10. UNIFIED SPORTS

-- *Constitution & Bylaws, Article 45, Rule 4500, 4510, 4520* page 134

Please note that the CHSAA staff continually updates the CHSAA Constitution and Bylaws when errors are found. The most updated document can be found at CHSAANOW.com, then clicking on CHSAA.org, Member School Info + Tools, then Bylaws.

SPORTSMANSHIP RESPONSIBILITIES

THE PLAYER

- Treats opponents with respect.
- Plays hard but plays within the rules.
- Exercises self-control at all times, setting the example for others to follow.
- Respects officials and accepts their decisions without gesture or argument.
- Wins without boasting, loses without excuses, and never quits.
- Always remembers that it is a privilege to represent the school and community.

THE COACH

- Treats own players, and opponents with respect.
- Inspires in the athletes a love for the game and the desire to compete fairly.
- Is the type of person he/she wants the athletes to be?
- Disciplines those on the team, who display unsportsmanlike behavior.
- Respects the judgment and interpretation of the rules by the officials.
- Knows he/she is a teacher, and understands the athletic arena is a classroom.

THE SPECTATOR

- Attempts to understand and be informed of the playing rules.
- Appreciates a good play no matter who makes it.
- Cooperates with and responds enthusiastically to cheerleaders.
- Shows compassion for an injured player; applauds positive performance; does not heckle, jeer or distract players; and avoids use of profane and obnoxious language and behavior.
- Respects the judgment and strategy of the coach and does not criticize players or coaches for loss of a game.
- Respects the judgment and interpretation of the rules by the officials.
- Respects property of others and authority of those who administer the competition.
- Censure those whose behavior is unbecoming.



Colorado High School Activities Association

'Seeking Excellence in Academics, Activities and Athletics'



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www.chsaa.org

2021

TO: ATHLETIC DIRECTORS/COACHES OF SCHOOLS PARTICIPATING IN TRACK & FIELD

FR: JENN ROBERTS-UHLIG, ASSISTANT COMMISSIONER

RE: 2021 TRACK AND FIELD BULLETIN - PLEASE TAKE THE TIME TO BECOME THOROUGHLY ACQUAINTED WITH THIS USEFUL RESOURCE

Greetings from the Colorado High School Activities Association and welcome to the 100th Boys/54th Girls spring season of interscholastic Track and Field. We are looking forward to another successful season full of tough competition and good weather.

This attached bulletin contains the guidelines, policies, [bylaws](#) and changes that are critical for you, your student athletes and your program. This resource is a tool that is meant to be used throughout the regular season and post season. This is only sport specific information. For general information for all coaches regarding eligibility, transfers, Sunday contact, sports medicine, etc., please go to the [Constitution and Bylaws](#) and [Sports Medicine Advisory Handbook](#). While bulletins are a resource, they do not take the place of the [Constitution and Bylaws](#). Coaches are encouraged to review and confer with athletic directors prior to the start of the season to ensure that there is a clear understanding of the rules and [bylaws](#). This recommendation allows everyone to be on the same page.

Please remember this is a partnership between coaches, parents, administrators, and the CHSAA to make this a memorable experience for our students across the state of Colorado.

Coaches, your bulletin and/or your athletic director can answer most questions you might have regarding your upcoming season. If you are unable to find what you are looking for, do not hesitate to contact my assistant Lane Ververs at lververs@chsaa.org, or myself at jrobertsuhlig@chsaa.org, or feel free to call the CHSAA office at (303) 344-5050.

Thank you for your dedication and commitment to high school activities and to the student athletes across the state of Colorado.

Best wishes on a successful season!!

Sincerely,

Jenn Roberts-Uhlig
Assistant Commissioner – CHSAA

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CHSAA COMMITTEE REPORT

CHSAA LEGISLATIVE COUNCIL COMMITTEE REPORT FORM
May 5, 2021

TRACK & FIELD

Christina Miner, Palmer High School
Chair

CR 28
Report No.

I. MAJOR CHANGES FROM LAST REPORT:

A. No major changes

II. RATIONALE:

A. No major changes

III. FINANCIAL:

A. No major changes

IV. DATES:

2021: State Championship – ~~May 20-22~~ June 24-26 (Due to COVID)

2022: State Championship – May 19-21

2023: State Championship – May 18-20

V. QUALIFYING FORMAT ALL CLASSES (1A-5A):

- A. Athletes ranked each week of the season by electronic results submitted to MaxPreps.
- B. All regular season meets for ranking consideration must have electronic timing, certified officials (please reference the officials fees for the breakdown), wind gauges and the meet identified on the CHSAA Track & Field qualifying list.
- C. MaxPreps will rank verified results and rank athletes according to their classification, gender, event and performance.
- D. Declaration procedures/timelines of athletes advancing to state will be communicated in the State Bulletin.
- E. 1A will advance the "Top 9" athletes in all lane seeded events with additional athletes per performance advancing in non-lane events.
- F. 2A-5A will advance the "Top 18" in each event.

2021 CLASS 1A TRACK & FIELD SCHOOLS

(1-104)

65

Aguilar (22) Akron (104) Antonito (44) Arickaree (37) Bethune (34) Briggsdale (60) Caliche (79) Centennial (67) Cheraw (58) Cheyenne Wells (39) Colorado School for the Deaf and the Blind (76) Cotopaxi (75) Creede (38) Cripple Creek-Victor (84) De Beque (42) Deer Trail (50) Denver Academy of Torah (23) Dove Creek (64) Eads (51) Edison (43) Elbert (91)	Evangelical Christian Acad. (68) Flagler (46) Fleming (42) Genoa-Hugo (55) Gilpin County* (129) Granada (53) Hanover (64) Haxtun (89) Heritage Christian Academy (94) Hi-Plains (34) Holly (97) Idalia (53) Kim (15) Kiowa (66) Kit Carson (33) La Veta (66) Lake City Community School (21) Liberty (Joes) (15) Lone Star (37) McClave (66) Merino (87) Miami-Yoder (100)	Moffat (35) North Park (43) Norwood (60) Nucla (64) Otis (66) Pawnee (15) Peetz (47) Pikes Peak Christian (54) Plainview (15) Prairie (53) Primero (86) Pritchett (South Baca) (17) Sanford (93) Sangre de Cristo (81) Shining Mountain Waldorf School (70) Sierra Grande (66) Simla (89.5) Springfield (62) Stratton (54) Walsh (37) Weldon Valley (57) Wiley (63)
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2021 CLASS 2A TRACK & FIELD SCHOOLS

(105-318)

66

Banning Lewis Prep. Acad.* (337) Buena Vista (280) Burlington (209) Byers (150.5) Calhan (144) Caprock Charter Academy (140) Cedaredge (268) Centauri (292) Center (141) Clear Creek (220) Colorado Springs Christian (279) Crested Butte (222) Crowley County (118) Custer County (119) Dayspring Christian Acad.^ (88) Del Norte (130) Denver Academy (202) Denver Christian (153) Dolores (153) Ellicott (288) Fowler (118) Golden View Classical Acad. (129)	Grand Valley* (329) Hayden (120) Highland (285) Hoehne (109) Holyoke (184) Hotchkiss (189) Ignacio (228) John Mall (160) Lake County (285) Las Animas (143) Limon (139) Lotus School For Exc.* (358) Lyons (201) Mancos (130) Meeker (203) Monte Vista (282) Nederland (120) Olathe (288) Ouray^ (60) Paonia (147) Peyton (236) Plateau Valley (106)	Platte Canyon (242) Rangely (122) Ridge View Academy (240) Rocky Ford (211) Rye (215) Sargent (107) Sedgwick County (105) Soroco (110) South Park (137) St. Mary's (258) Swallows Charter Academy (151) Swink (109) Telluride (289) Thomas Maclaren School (224) Trinidad (253) Twin Peaks Charter Academy (136) Two Roads Charter (187) Vail Christian (135) West Grand (133) Wiggins (166) Wray (194) Yuma (232)
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2021 CLASS 3A TRACK & FIELD SCHOOLS

(319-773)

64

Abraham Lincoln* (949)	Florence (344)	Platte Valley (351)
Alamosa (602)	Fort Lupton (662)	Prospect Ridge Academy (410)
Arrupe Jesuit (430)	Frontier Academy (358)	Resurrection Christian^ (298)
Arvada* (817)	Gunnison (398)	Rifle (756)
Aspen (566)	Holy Family (691)	Roaring Fork (386)
Atlas Preparatory School (446)	James Irwin Charter (404)	Salida (378)
Basalt (490)	Jefferson (410)	Severance (330)
Bayfield (381)	Jefferson Academy (423)	Sheridan (346)
Bennett (345)	Kennedy* (952)	Sierra* (875)
Berthoud (677)	Kent Denver School (484)	SkyView Academy (321)
Bishop Machebeuf (362)	La Junta (377)	Stargate School (396)
Brush (447)	Lamar (428)	Sterling (519)
Coal Ridge (573)	Liberty Common (348)	Strasburg (319)
Delta (587)	Lutheran (595)	STRIVE Prep – SMART (489)
Denver West (768)	Manitou Springs (492)	The Classical Academy (640)
D'Evelyn (607)	Manual^ (296)	The Vanguard School^ (289)
DSST: Green Valley Ranch (551)	Middle Park (385)	University (605)
Eaton (557)	Moffat County (583)	Valley (573)
Elizabeth (676)	Montezuma-Cortez (647)	Weld Central (641)
Englewood (519)	Northridge* (1137)	Woodland Park (762)
Estes Park (333)	Pagosa Springs (490)	
Faith Christian (352)	Peak to Peak (593)	

2021 CLASS 4A TRACK & FIELD SCHOOLS

(774-1566)

65

Air Academy (1356)	Golden (1329)	Pueblo Central^ (743)
Alameda International (775)	Grand Junction (1552)	Pueblo County (1042)
Aurora Central* (1716)	Grand Junction Central* (1588)	Pueblo East (1008)
Battle Mountain (961)	Greeley Central (1545)	Pueblo South (1063)
Canon City (1042)	Green Mountain (1102.5)	Pueblo West (1408)
Centaurus (1308)	Harrison (1049)	Riverdale Ridge^ (543)
Cheyenne Mountain (1291)	Lewis-Palmer (1146)	Roosevelt (1055)
Conifer (856)	Littleton (1254)	Sand Creek (1197)
Coronado (1297)	Longmont (1293)	Silver Creek (1406)
Denver North (1051)	Mead (1124)	Skyline (1429)
Denver South* (1578)	Mesa Ridge (1286)	Skyview (883)
Discovery Canyon (1149)	Mitchell (1236)	Standley Lake (1345)
Durango (1187)	Montrose (1302)	Steamboat Springs (830)
Eagle Valley (972)	Mountain View (1203)	Summit (955)
Erie (1341)	Mullen (884)	Thomas Jefferson (1153)
Evergreen (1075)	Niwot (1170)	Thompson Valley (1087)
Falcon (1275)	Northfield (824)	Thornton* (1701)
Fort Morgan (908)	Palisade (1012)	Vista Peak (1383)
Frederick (1076)	Palmer (1560)	Wheat Ridge (1186)
Gateway (1520)	Palmer Ridge (1224)	Widefield (1342)
George Washington (1163)	Ponderosa (1388)	Windsor* (1588)
Glenwood Springs (988)	Pueblo Centennial (1069)	

**2021 CLASS 5A TRACK & FIELD SCHOOLS
(1567-up)**

56

Adams City (1976)	Fossil Ridge (2041)	Poudre (1802)
Arapahoe (2251)	Fountain-Fort Carson (1790)	Prairie View (1905)
Arvada West (1784)	Fruita Monument (1827)	Ralston Valley (1819)
Bear Creek^ (1530)	Grandview (2896)	Rampart (1641)
Boulder (2086)	Greeley West (1567)	Rangeview (2227)
Brighton (1783)	Heritage (1692)	Regis Jesuit Boys Div. (1876)
Broomfield^ (1559)	Highlands Ranch (1688)	Regis Jesuit Girls Div.^ (1466)
Castle View (2187)	Hinkley (2138)	Rock Canyon (2266)
Chaparral (2259)	Horizon (2008)	Rocky Mountain (2014)
Chatfield (1806)	Lakewood (2077)	Smoky Hill (2020)
Cherokee Trail (2844)	Legacy (2410)	ThunderRidge (2030)
Cherry Creek (3728)	Legend (2211)	Valor Christian^ (1180)
Columbine (1703)	Liberty (1592)	Vista Ridge (1605)
Dakota Ridge^ (1460)	Loveland (1629)	Westminster (2396)
Denver East (2603)	Monarch (1706)	
Doherty (2001)	Mountain Range (1989)	
Douglas County (1863)	Mountain Vista (2332)	
Eaglecrest (3046)	Northglenn (2064)	
Fairview (2174)	Overland (2418)	
Far Northeast (2840)	Pine Creek (1623)	
Fort Collins (1838)	Pomona^ (1339)	

***Place Down
^Place Up**

VI. INFORMATIONAL ITEMS:

N/A

VII. COMMITTEE MEMBERS:

Christina Miner (Chair), Palmer (2022); Brian Mitchem, Paonia (2022); Austin Wertz, Lamar (2022); Michael DeWall, Berthoud (2022); Connie O'Donnell, Pagosa Springs (2022); Sammi Chadwick, Cheyenne Wells (2022); Wes Smock, Grandview (2023); Randy Mayes, Liberty Common (2023); Don Myers, Arickaree (2023); Scott Manchester, Cañon City (2023)

COACHES INFORMATION

PLEASE READ THOROUGHLY - **HELPFUL HINTS FOR COACHES**

1. COACHES WILL ONLY NEED TO CREATE **ONE** ROSTER AND THAT WILL BE IN [MILESPLIT](#). **THIS PROCESS MUST BE COMPLETE BY 10:00 PM ON APRIL 30TH.** [MILESPLIT](#) WILL THEN EXPORT ROSTERS TO [MAXPREPS](#). IF **YOU** MISS THE APRIL 30th - 10:00 PM DEADLINE YOU WILL HAVE TO CREATE A ROSTER IN BOTH MILESPLIT AND [MAXPREPS](#). CHSAA WILL RECEIVE REPORTS (BEGINNING MAY 5th) INDICATING WHICH COACHES HAVE CREATED AN ACCOUNT AND HAVE THEIR ROSTERS IN [MAXPREPS](#) (FROM [MILESPLIT](#)). CHSAA WILL BE IN CONTACT WITH COACHES/ATHLETIC DIRECTORS EACH WEEK WHO HAVE NOT DONE THIS. THIS IS TO ALLEVIATE ISSUES WHEN IT COMES TO THE ENTRY PROCESS FOR STATE.
2. THE PROCESS FOR DECLARING YOUR STUDENT-ATHLETES REMAINS THE SAME AS LAST YEAR, AND INSTRUCTIONS ARE INCLUDED IN THE BULLETIN. ONE CHANGE FROM LAST YEAR: **EVEN IF YOU HAVE NO ATHLETES TO DECLARE FOR THE STATE MEET, YOU WILL BE REQUIRED TO LOG INTO YOUR [MAXPREPS](#) COACH ADMIN AND CHECK A BOX INDICATING YOU HAVE NO ATHLETES TO DECLARE.** THIS SEASON CHSAA WILL BE ABLE TO SEE WHICH TEAMS HAVE COMPLETED THE PROCESS AND WHICH HAVE NOT, AND THIS ALERTS CHSAA THAT IT IS NOT WAITING ON YOUR TEAM.

THE PROCESS FOR DECLARING YOUR STUDENT-ATHLETES WILL OPEN JUNE 10th AT 3:00 PM AND WILL CLOSE JUNE 21ST AT 8:00 AM. (ALL QUALIFYING MEET RESULTS MUST BE IN BY 11:59 PM ON JUNE 20th). **NOTE: IF YOU HAVE ANY CHANGES TO YOUR STATE DECLARATIONS - YOU MUST GO IN AND MAKE THOSE CORRECTIONS PRIOR TO THE CLOSING DATE AND TIME (JUNE 21ST at 8:00 am)**

ABSOLUTELY NO EXCEPTIONS WILL BE MADE TO THIS DEADLINE. DECLARATIONS ARE FINAL IMMEDIATELY FOLLOWING THE SET DEADLINE.

3. SCHEDULES: COACHES ARE STILL REQUIRED TO ASSIGN THEIR TEAMS TO MEETS IN [MAXPREPS](#). ALL STATE QUALIFYING MEETS HAVE ALREADY BEEN ADDED, SO PLEASE SEARCH FOR THE APPROPRIATE MEET AND ADD YOUR TEAM. **DO NOT CREATE NEW MEETS.**
4. **ROSTERS:** REMINDER, IN ORDER TO HELP YOU MANAGE YOUR ROSTER MORE EFFICIENTLY, WITHIN [MAXPREPS](#) YOU ARE ABLE TO AUTOMATICALLY TRANSFER YOUR ROSTER FROM LAST YEAR TO THIS YEAR. WHEN YOU LOG INTO YOUR [MAXPREPS](#) COACH ADMIN, GO TO THE ROSTER LINK. YOU WILL NOTICE A BLUE BUTTON THAT SAYS, "COPY ROSTER INFORMATION FROM LAST YEAR". CLICK THAT AND THE SYSTEM WILL AUTOMATICALLY TRANSFER THE ROSTER, MINUS 2020 GRADUATES AND ANY ATHLETE FOR WHICH A YEAR IN SCHOOL WAS NOT ENTERED. THEN, ONLY NEW ATHLETES WILL NEED TO BE ENTERED, AND THOSE NOT PARTICIPATING THIS YEAR CAN BE DELETED BY CLICKING THE RED 'X'.

If you have questions, please feel free to contact Gerry Valerio at gerry.valerio@cbsinteractive.com or Jenn Roberts-Uhlig at jrobertsuhlig@chsaa.org.

******* IMPORTANT REMINDERS/QUALIFYING INFORMATION *******

- **MANDATORY COACHES RULES MEETING** – All varsity head coaches or coaches who will be interacting with students/athletes without the presence of the coach must attend annually a CHSAA approved rules clinic in their sport prior to the start of the first interscholastic contest. Please find APPROVED satellite clinics [HERE](#). We encourage you to attend the [Colorado High School Coaches Association \(CHSCA\) Track & Field Clinic](#).
- School abbreviations have been provided. All legal results advanced to [MaxPreps](#) will be ranked for state qualifiers. No variations. There must be statewide consistency with school abbreviations (See [HERE](#)).
- **DO NOT CREATE ANY MEETS.** MEETS THAT ARE APPROVED FROM CHSAA WILL BE UPLOADED ON [MAXPREPS](#).
- Hy-Tek must be used to export qualifying data to [MaxPreps](#) within 48 hours after completion of meet.
- Corrections or concerns regarding all rankings will only be accepted by E-mail to Jenn Roberts-Uhlig (jrobertsuhlig@chsaa.org) from the head coach and/or athletic director. You must follow-up and review results. **No results will be considered for changes after one week.**
- Time Schedule is posted on website. Unfortunately, events will not be changed to accommodate outside events (i.e. testing, graduation, personal conflicts, etc.) Schedule is subject to change based on any local county guidelines for the 2021 season.
- State Championships for all classifications will be held at [Jefferson County Stadium](#) on June 24-26.
- Teams/programs **WILL** be allowed to split and send athletes to different locations during the last week prior to state. No student may participate in more than 8 scheduled track meets (including indoor and outdoor) during a track season exclusive of foundation meets, league championships and state meets. The format for league meets (number of entries, time schedule, number of days, etc.) is at the discretion of the site host.
- **Foundation Games** – Each sport in Season D will be allowed to schedule up to two additional Foundation game, matches, or events under the following conditions:
 - These foundation games/meets may not serve as qualifying meets.
 - These games have been approved with no fees due to the Association and member schools retaining all event revenues. Notification of Foundation Games do not need to be submitted to CHSAA. Foundation games may be held May 1, through June 26, 2021. The scheduling of these games, events, matches, would allow Season D participants additional game opportunities without impacting current schedules or play-off rankings.
 - These games have been approved with no fees due to the Association and member schools retaining all event revenues. Notification of Foundation Games do not need to be submitted to CHSAA. Foundation games may be held May 1, through June 26, 2021. The scheduling of these games, events, matches, would allow Season D participants additional game opportunities without impacting current schedules or play-off rankings.
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***** IMPORTANT REMINDERS/QUALIFYING INFORMATION (CONTINUED) *****

- Teams will be allowed to attend two meets during the last week of the regular season.
- All Qualifying Meets must be registered with CHSAA as qualifiers. The 2021 State Qualifying Meets Schedule can be found [HERE](#). All Qualifying Meets must be submitted by 11:59 pm on April 15th for ranking considerations. (NO EXCEPTIONS)
- Any and all changes that are made to the information submitted on the "Sanction Form for State Qualifying Meet Report Form" after the form has been approved **MUST** be communicated to the CHSAA office as soon as possible after the change(s) are made. These changes are required to be communicated prior to the start of the meet.
- Participating in out of state meets will only be allowed based upon set criteria and approval by the CHSAA office.
- In 2A-5A ties at 18th place in the rankings will be considered for additional advancers. Subject to change based on local county health department requests.
- In 1A ties at 9th in sprint events, 12th in distance events, and 10th in field events will be considered for additional advancers.
- Heat sheets are scheduled to be on the [CHSAA Website](#) by Tuesday, June 22nd unless information is missing.
- All legal jumps or throw attempts will be measured. NO PINNING ALLOWED.
- COACHES – CHECK ALL YOUR RESULTS, ESPECIALLY PRELIM/FINALS MARKS BEFORE YOU LEAVE ANY MEET AND REVIEW ALL MEET RESULTS ENTERED INTO [MAXPREPS](#). **ALL REQUESTS FOR CHANGES MUST BE IN WRITING TO JENN ROBERTS-UHLIG (jrobertsuhlig@chsaa.org) WITHIN THE SAME WEEK OF A MEET. REQUESTS MADE MORE THAN 1 WEEK AFTER THE MEET WILL NOT BE ACCEPTED!**
- It is the coach's responsibility to declare all athletes moving into the state meet by the deadline. You may declare as far down as you want.
- A new four-year rotation for the state meet schedule began with the 2019 state championship. Schedule is subject to change based on any local county guidelines for the 2021 season.

QUALIFYING MEET FORM DEADLINES

State Qualifying Track and Field Meet (Sanction Form) -----	April 10, 2021
(ALL ENTRIES RECEIVED AFTER APRIL 10 TH WILL BE CHARGED A \$50.00 LATE FEE)	
Form Submission Cutoff Date -----	April 15, 2021
(NO FORMS WILL BE ACCEPTED AFTER APRIL 15, 2021)	
Qualifying Meet Results Due -----	Within 48 Hours of Qualifying Meet Completion
(THIS FORM MUST BE E-MAILED TO LANE VERVERS (LVERVERS@CHSAA.ORG) WITHIN 48 HOURS OF QUALIFYING MEET COMPLETION OR MEET RESULTS WILL BE DELETED FROM MAXPREPS RANKINGS)	

GENERAL INFORMATION

PLAYER EJECTION

Any player who has been ejected from a match or contest shall be disqualified for the remainder of that match or contest. In addition, the player shall be suspended from competition for the next scheduled match or contest played at the same level (sophomore, junior varsity, or varsity).

COACH EJECTION

A coach ejected from a contest for committing an unsportsmanlike act shall be suspended from coaching for the next regularly scheduled match or contest of the same level. He/she may not coach in any other contest at any level during this time.

A coach ejected from a game is automatically placed on probation according to policies established by the Board of Directors (For necessary action by the school administration, see [Bylaw 2420.11](#)).

A coach ejected from a game is required to complete the following courses offered on-line by the National Federation of State High School Associations (NFHS): Sportsmanship and Teaching and Modeling Behavior. These courses shall be completed before he/she will be removed from probation and must be finished in a reasonable amount of time during the season to be determined by the school's athletic director.

CHSAA DRONE POLICY

"The use of drones, also known as unmanned aerial vehicles, is prohibited for any purpose by any persons at all CHSAA-sanctioned events, unless express written permission is obtained: 1) from the host school district during regular season contests, or 2) the CHSAA for any postseason/playoff contest. This policy includes not only the restricted playing area of the venue(s), but also the physical confines of the entire stadium/field/arena structure. For the purposes of this policy, a drone is any aircraft without a human pilot on board."

UNIFORM RULES

For Relay Uniform Compliance, State Officials Interpretation Will Be:

- Uniform top has the same predominant color in the front and the same school name or logo on the front.
- Uniform top has the same design in the back.
- Uniform bottom has the same predominant color in the front and back.
- Side panels or side striping on the uniform top and bottom, whether they exist or not should not be a factor in determining compliance.

CHSAA POINTS OF EMPHASIS

ALL pole vault coaches **MUST** take the NFHS "Coaching Pole Vault" course and provide proof of completion to the CHSAA office by emailing a copy of certificate to Lane Ververs (lververs@chsaa.org). (you can access the course by clicking [HERE](#)). This course must be completed every **TWO** years. Effective since 2018.

Declarations for state are due June 21st by 8:00 am

ENTRIES ARE FINAL AFTER THIS DEADLINE & NO CHANGES OR LATE ENTRIES ARE ALLOWED!!!

Absolutely NO exceptions will be made!



NFHS TRACK & FIELD and CROSS COUNTRY UNIFORM RULES

Rule changed in 2019

RULE 4-3:

NOTE: The wearing of a medical alert with the alert visible is encouraged for risk minimization. The ultimate responsibility to have each competitor compliant with uniform rules and other reasonable and legal items is with the coach.

ART. 1 . . . The competitor's uniform shall be school-issued or school approved, worn as intended by the manufacturer, and meet the following requirements and restrictions:

- a. Each competitor shall wear shoes on both feet.
 1. The shoes shall have an upper and recognizable sole and heel.
 2. The (shoe) upper must be designed so that it can be fastened securely to the foot.
 3. In cross country, the sole and heel may contain grooves, ridges or track spikes which are no longer than 1 inch.

NOTE: The games committee may also determine the length of spikes allowed on all-weather surfaces. (3-2-4a)

4. The use of slippers or socks does not meet the requirements of the rule.
- b. Each competitor shall wear a school-issued or school-approved full-length track top and track bottom or one-piece uniform. Any outer garment (e.g., t-shirts, sweatpants, tights) that is school-issued or school-approved becomes the official uniform, when worn.
 1. When numbers are used, each competitor shall wear his/her assigned, unaltered contestant number.
 2. The top and/or bottom or one-piece uniform may have school name, school logo, school nickname and/or competitor's name.
 3. The top shall not be knotted or have a knot-like protrusion. Bare midriff tops are not permitted. The top must hang below or be tucked into the waistband of the uniform bottom when the competitor is standing upright.

4. Loose-fitting boxer-type bottoms or compression-style bottoms are permitted for boys and girls. Closed-leg briefs are acceptable for girls. French or high-cut apparel shall not be worn in lieu of the uniform bottom. The waistband of a competitor's bottom shall be worn above the hips.

5. A single manufacturer's logo/trademark/reference, no more than 2¼ square inches with no dimension more than 2¼ inches, is permitted on the top and bottom or one-piece uniform.

6. One American flag, not to exceed 2 inches by 3 inches, may be worn or occupy space on each item of uniform apparel. By state association adoption, to allow for special occasions, commemorative or memorial patches, not to exceed 4 square inches, may be worn on the uniform without compromising its integrity.

7. Any visible garment(s) worn underneath the uniform top and/or bottom is considered a foundation garment. Foundation garments are not subject to logo/trademark/reference or color restrictions.

ART. 2 . . . Additional restrictions for relay teams and cross country teams.

a. All relay and cross country team members must wear uniforms clearly indicating, through predominant color, school logo and color combination of all outer garments worn as a uniform, that members are from the same team.

NOTE: The official should be able to observe that all members are from the same team.

PENALTY: (Articles 1, 2) For the wearing of an illegal uniform, when a violation is observed and noted by a meet official, the competitor shall be required to make the uniform legal before becoming eligible for further competition, and shall be issued a warning that a subsequent violation shall result in a disqualification from the event. The referee shall be notified of the violation by the observing meet official, and the referee shall then notify or cause to be notified the head coach of the offending school of the competitor's violation and warning.

ART. 3 . . . Removing any part of the team uniform, excluding shoes, while in the area of competition, as defined by the games committee, is illegal.

PENALTY: This shall lead to a warning and if repeated, to disqualification from the event. If the incident recurs, the competitor will be disqualified from further competition in the meet.

2021 NFHS TRACK & FIELD RULES CHANGES

NOTE: Due to the cancellation of spring sports last year because of the Coronavirus, the 2020 NFHS Track and Field Rules will be used for the 2021 season. The Comments on the Rules written last year will apply for the 2021 season. These comments, which all reference the 2020 NFHS Track and Field/Cross Country Rules Book, will be in effect for the 2021 season.

National Federation of State High School Associations



2020 Track and Field and Cross Country Rules Changes

4-6-5g, 8-6-1e: Clarifies that a competitor should not be penalized for helping another competitor who is distressed or injured when no advantage is gained by the competitor who is assisting.

Rationale: The committee believes when no advantage is gained by a competitor helping a distressed or injured competitor, the competitor assisting should not be penalized for exhibiting good sportsmanship.

5-3-3 & 4, 5-10-6 thru 11: Clarifies that in the 4x100-meter relay and 4x200-meter relay, and other relays with legs of 200 meters or less, each exchange zone will be 30 meters long. All exchange zones for races in excess of 200 meters will remain at 20 meters.

Rationale: In the 4x100-meter relay and 4x200-meter relay, and other relays with legs of 200 meters or less, each exchange zone will be 30 meters long. All exchange zones for races in excess of 200 meters will remain at 20 meters.

6-2-6: Clarifies that it is illegal to run backward or in the opposite direction (non-legal direction) on a horizontal jump, pole vault or javelin runway.

Rationale: This change promotes a more organized and efficient warm-up period.

6-3-2-b-4-a: This change provides metric measurements for tie-breaking jump-offs for vertical jumps.

Rationale: The committee established appropriate metric increments for tie-breaking jump-offs in the vertical jumps.

6-9-5: The length of long jump and triple jump pits constructed after 2019 shall be at least 23 feet (7 meters).

Rationale: Clarifies the language of the 2019 rule change for long jump and triple jump pits and ensures pit measurements are within industry standards for safety.

2020 Editorial Changes

- 5-11-1** A relay team shall pass their baton in accordance with the rules.
Rationale: Clarifies that a team finishes the race with the same baton that it used at the start of the race.

2020 Editorial Changes

5-1-5, 6-8-10d

2020 Points of Emphasis

1. Meet Administration
2. Exchange Zone
3. Assisting Injured Athletes

2021 NFHS TRACK & FIELD SCHEDULE AT A GLANCE

The following is an overall summary of the respective calendar dates as they pertain to the 2021 Track & Field season for the Colorado High School Activities Association.

OPENING OF PRACTICE..... Monday, April 26, 2021
(Practices and meetings cannot be conducted on Sundays)

ROSTER INPUT DEADLINE (Entry into [MileSplit](#)) **Friday, April 30, 2021 by 10:00 pm**

MAXPREPS REPORTS..... Wednesday, March 5, 2021
(CHSAA receives reports from [MaxPreps](#) – rosters and entries.)

FIRST CONTEST..... Monday, May 3, 2021
(Schools may schedule and conduct their first interscholastic contest on this date)

ACT-TEST DATES..... Saturday, April 17, 2021
Saturday, June 12, 2021
Saturday, July 17, 2021

SAT-TEST DATES..... Saturday, May 8, 2021
Saturday, June 5, 2021

DECLARATION PROCESS..... Thursday, June 10, 2021
(The declaration process will open at 3:00 pm)

ALL QUALIFYING MEET RESULTS..... **Saturday, June 19, 2021**
(All results must be in by 11:59 pm – No entries allowed after this time)

DECLARATION PROCESS WILL CLOSE..... **Monday, June 21, 2021**
(The declaration process will close at 8:00 am)

ENTRIES ARE FINAL AFTER THIS DEADLINE & NO CHANGES OR ADDITIONS ARE ALLOWED!

STATE TRACK & FIELD MEET..... June 24-26, 2021
([Jefferson County Stadium](#), Lakewood)

GENERAL CHSAA GUIDELINES AND INFORMATION

OFFICIALS' FEES

Please see the [2020-2021 Officials' Fees](#) page for complete officials' fees information.

TRACK & FIELD MEET SANCTION

Qualifying meets must apply for sanction by filling out an Application to Host Sanctioned Events (form #12), the Sanction Form for State Qualifying Track and Field Meet (#45) as well as meet all necessary criteria. Form #45 can be completed and submitted through the [CHSAA Digital Platform](#).

The 2021 Qualifying Meets Schedule can be found via the links below:

[MAY](#)
[JUNE](#)

COMPETITIVE SEASON/PARTICIPATION

Please see [bylaw 2300](#).

FOUNDATION GAMES

Each sport in Season D will be allowed to schedule up to two additional Foundation game, matches, or events under the following conditions:

- These foundation games/meets may not serve as qualifying meets.
- These games have been approved with no fees due to the Association and member schools retaining all event revenues. Notification of Foundation Games do not need to be submitted to CHSAA. Foundation games may be held May 1, through June 26, 2021. The scheduling of these games, events, matches, would allow Season D participants additional game opportunities without impacting current schedules or play-off rankings.
- Foundation Games would not be included in the regular season or play-off RPI to protect schools that may have equitable discrepancies with their overall programs. The voluntary nature and approval to host these games, meets, matches, etc., is at the full discretion and decisions of schools/districts.
- The decision to add one or two foundation games and the choice of opponents, scheduling of officials, securing sites, transportation would be at the sole discretion of our member school administrators.
- Foundation games, meets, matches are not an extension of your regular season maximums that will be communicated by CHSAA administrators. This a voluntary opportunity for school administrators to provide up to two meets, games, matches, etc. for participants in all sports, at all levels, per the approved Season D calendar.

OUTSIDE COMPETITION

Please see [Bylaw 2100.2](#) for complete information on outside competition

SAFETY REQUIREMENTS

In accordance with the requirements of due process as it relates to the safety of track and field athletes, it is necessary for track and field coaches to inform and warn athletes of the proper safety requirements associated with this sport.

I. Pre-practice meetings

- A. Provide general rules for track team safety
- B. Provide for supervised practice time
- C. Develop procedures for injury prevention and treatment
- D. Establish rules of behavioral conduct during practice
- E. Establish procedures for the care of equipment
- F. Document all safety practices and inspections

II. Specific pre-practice meeting in each event

- A. Review safety procedures in discus
- B. Review safety procedures in shot putting
- C. Review safety procedures and the proper technique in high jumping
- D. Review safety procedures and the proper technique in pole vaulting
- E. Review procedures for clearing runways and throwing areas

III. Practice Organization

- A. Post or review practice schedule for entire team
- B. Adequately stretch and warm-up entire team/always have water available for athletes
- C. Schedule practice so as not overlap or overload facilities
- D. Make sure adequate supervision is present for each part of the practice
- E. Have a team trainer present or on call
- F. Have the phone number of an ambulance readily available

IV. Facilities Check

- A. Design the facility so that the throwing events are safely away from all other events and other sports
- B. Provide fences, cages and/or restraining lines for the shot put and discus
- C. Check all runways daily for obstacles, uneven surfaces and other impediments - document
- D. Check all running surfaces daily for obstacles, uneven surfaces and other impediments - document
- E. Make sure all measuring, raking and starting equipment is put in a safe location, both during and after practice.

SAFETY REQUIREMENTS (Cont.)

V. Equipment Check

- A. Check standards cross bars and vaulting poles daily for wear, looseness and other potential problems.
- B. Check both the high jump and pole vault pits to ensure that they have been assembled properly and are in good repair
- C. Make sure starting blocks are in good repair and securely attached to the track when used
- D. Provide extra padding in high jump and pole vault in accordance with rules.
- E. Make sure areas surrounding jumping areas are non-hazardous
- F. Have first aid kit at all practices and meets, with signed medical release cards, phone numbers. Suggested training kit supplies are listed later in this preview.

VI. Track meet organization

- A. Have announcements made concerning safety issues, including but not limited to:
 - 1. All non-contestants remain in bleachers
 - 2. "Quiet at the start"
 - 3. "Clear the track"
 - 4. Other announcements that is appropriate to the conduct of the meet
- B. Make use of fences, restraints and banners, which will channel people away from the events and into a safe area
- C. Have marshals to help maintain a safe environment
- D. Have a physician present and/or an ambulance on call
- E. Conduct a visual inspection of the equipment and facility to ensure that all are safe

STATE TRACK & FIELD INFORMATION AND GUIDELINES



STATE MEET GENERAL INFORMATION

- All pole-vaulters will be weighed prior to the start of Qualifiers, Leagues and State Competition. No weight allowances. Vaulters must be on or below their pole weight. All vaulters will be weighed with their competitive uniforms intact (this includes their shoes).
- Electronic devices may be used in unrestricted areas and coaching boxes, providing the location does not interfere with progress of the meet as determined by the meet referee.
 - Electronic devices shall not be used to transmit information to the competitor during the race or trial
 - Electronic devices/videos shall not be used for any review of an official's decision.
 - The use of video tape, digital cameras and cell phones are legal outside the competitive area. Coaches can view electronics with athletes while the athlete is still in competition in unrestricted areas (coaches' box). Videotaping/photos can be taken from unrestricted areas (coaches' box).

Rule 3-2-8a: Electronic devices shall not be used to transmit information to the competitor during the race or trial. For clarification purposes, once a field event athlete's name has been called and their trial begins, that athlete may not view any video with or without a coach. Penalty: the competitor shall be disqualified from the event. If the coach is involved, then they shall be disqualified from further participation in the meet for unsporting conduct.

Rule 3-2-8c: State associations may also have policies in place to further address the use of electronic devices. CHSAA will allow the viewing of video by a field event athlete after the beginning of a trial only if the competitor is taking consecutive trials. This does not change the amount of time the athlete has to initiate a trial (3 min for the PV and 2 min for all other field events); it just allows the athlete to view video during this time. This will expedite the event rather than building in extra time between consecutive trials for an athlete to view video.

****VIDEO REPLAY FOR APPEALS WILL NOT BE USED****

Events affected by an assisting wind include long jump, triple jump, and any race that is not run around the complete oval of the track. For eligibility in these events at the State Championships, the speed of an assisting wind cannot exceed an average velocity of 2.0 meters per second (4.474 mph), as recorded by a wind gauge.

- 3/16-inch spikes will be allowed. Runner's Roost will have spikes for sale at the state meet.
- Prelims in long jump, triple jump, shot put, and discus will be conducted in flights of 8-12. Preliminary flights will be seeded by best performance. Each competitor will receive (3) preliminary jumps or throws. Competitors with the longest jumps or throws will advance to finals for an additional three (3) jumps or throws. The number to finals is one additional than the number of track lanes. The finals will be seeded with the longest jump or throw competing last, second longest second to last, etc.
- 1A will rank/advance the Top 9 in all seeded lanes and Top 12 in the 800m, 1600m, 3200m, and the 4 x 800m and Top 10 in field events.
- 1A competitors will have a finals only format with four (4) attempts in the throws and horizontal jumps. Competitors may take their jumps or throws in succession or out of order at the judges' discretion in prelims. In high jump and pole vault, the bar will not be lowered for a competitor to catch up on his/her attempts.

ADDITIONAL INFORMATION

- All legal jumps or throw attempts will be measured.
- Coaches are to complete information on the relay cards. Once cards are turned into the clerk of the course, there can be no change in the names listed. Any substitutions must come from the six names listed on the card.
- Individuals showing excessive fatigue for the event in progress will be waved off the track by the referee or designee. If the competitor doesn't comply, he/she will be disqualified.
- Any competitor who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the meet and shall not return to the meet until cleared by an appropriate health-care professional. (National Federation Rule 4, Section 4, Article 2). See Appendix 39, [NFHS Suggested Guidelines for Management Concussion](#) or the [CHSAA Sports Medicine Page](#).
- Scarves, hats, and/or caps shall not be permitted at the state meet unless extreme conditions warrant a games committee decision.

ADMISSION PRICES

The following admission prices pertain to the State Meet and apply to each session.

Cards and Cash will be accepted onsite

(ATM's are available onsite)

Individual Session	\$15.00
Student (grades K-12)	\$10.00
Senior Citizens	\$10.00
All Session Pass (Online only)	\$40.00

Tickets are available online by clicking on the dates below:

[Thursday, June 24](#)

[Friday, June 25](#)

[Saturday, June 26](#)

[All Session Pass](#) (Online only)

You will need to have proof of ticket with you to show at the ticket gate at the Jeffco Stadium.

The stadium will not be cleared during the day on Thursday, Friday and Saturday.

AWARDS

Team – A trophy/plaque will be awarded to first and second place in each classification.

Individual – A medal will be presented to each 1st through 9th at Jeffco for all events. Duplicate awards will be made in case of ties. Please fill out the form that will be at the awards stand and duplicates will be mailed to the school.

AWARDS PRESENTATION

The presentation of individual awards, in the running events, will take place following the finals of each event. Runners will be escorted from the finish line to awards area. Athletes will not be released until awards ceremony is completed.

In the field events, the presentation of individual awards will take place following the completion of the event.

****ALL PLACE WINNERS MUST WEAR THEIR SCHOOL ISSUED UNIFORM WHEN RECEIVING AWARDS****

Athletes must wear a mask when accepting awards.

No college sweatshirts or t-shirts advertising any commercial products will be allowed.

COMPETITIVE AREAS

The track, the entire infield, and staging areas are restricted areas. Coaches will have a pass for coaching athletes in the coach's boxes along the outside fence. All field coaches must remain outside the track in the coach's boxes.

DRESSING FACILITIES

Dressing rooms will not be available at the State Championship sites.

EXPENSES

Schools will receive no reimbursement from the state meet, with the exception of the host site for facility use as per the approved CHSAA Tournament and Playoff Finance Policy.

FIELD EVENTS

Prelims in long jump, triple jump, shot put and discus will be conducted in flights of 8-12. Preliminary flights will be seeded by best performance. Each competitor will receive (3) preliminary jumps or throws. Competitors with the longest jumps or throws will advance to finals for an additional three (3) jumps or throws. The number to finals is one additional than the number of track lanes. The finals will be seeded with the longest jump or throw competing last, second longest second to last, etc. 1A competitors will have finals only format with four (4) attempts.

Excused Time from Field Events (NFHS Points of Emphasis) - The games committee has the responsibility to determine the time limit and procedure to follow when competitors are excused to compete in another event. This time limit should be established and communicated to the officials and the coaches of participating teams. It is the responsibility of the **coach** to communicate the process and time limit to his/her athletes. It is important the respective event judges are knowledgeable of their responsibilities and authority to adjust competition in preliminaries and finals for competitors who may be excused to participate in other events. The competitors should be well advised of the time limit and process to follow before the field event commences. Likewise, it is equally important that competitors have been instructed by their coaches as to what options for change in order of competition or trials in succession are available to them. Competitors should be aware of the time limit and honor to avoid unnecessary problems.

Field event competitors should not leave their event area until the third call, but no earlier than 5 minutes prior to the scheduled time of a track event they are competing in. Competitors must notify the head event judge before leaving to compete in another event. If they leave to participate in a track event, they are expected to check back in to the field event within **five minutes** of the completion of their heat in that classification/event. If they leave to participate in

another field event, they are expected to check-in and out at each event within **three minutes** after taking an attempt at the previous event. Event judges will make every attempt to facilitate the competitors' needs; however, the athlete is expected to be available in a timely fashion to take their attempts in order. The order of competition may be changed under National Federation rules to facilitate the competition for all competitors, not just the one athlete who seeks to be dismissed. If the athlete does not return in the allotted time, the competition will continue during the athlete's absence.

The athlete will reenter the competition at the current height.

Competitors may take their jumps or throws in succession or out of order at the judges' discretion in prelims. In high jump and pole vault, the bar will not be lowered for a competitor to catch up on his/her attempts.

HOW RACES WILL BE RUN

1. The 800-medley relay will be a two-turn stagger (first 3 runners stay in lanes - 4th runner may break after receiving the baton). All 3 exchanges will be conducted using a 30 meter exchange zone. The 400m runner may take a position anywhere within the 30m exchange zone, receive the baton within the zone, then make their way to the inside of the track after the exchange.
2. The 1600m relay will use a 3 turn stagger for the start. After the 1st exchange, second runner will continue to run in his/her lane on the 1st curve, then cut to the inside at the break line on the beginning of the back stretch. All exchanges will be conducted using a 20 meter exchange zone.
3. The 800m, 1600m and the 4 x 800m relay will be run using a 1 turn stagger with two lane alleys.
4. The 3200 will be run in one section using a start with super alleys. 1A will use a single waterfall start.

IMPLEMENTS AND EQUIPMENT

1. All implements to be used in the shot put and discus should be marked for identification purposes and must have been weighed-in. Weigh-in for shot and discus is limited – please refer to the schedule in the coach's packet and on the weigh-in shed for exact times. Any illegal implements will be impounded.
2. Warm-ups shall not be allowed unless supervised by an event official or the contestant's coach and the venue has been open by the meet director. At the conclusion of any field event, there shall be no further practice and implements, including vaulting poles, shall be removed from the area. Once a competition has begun, except as scheduled, competitors are NOT allowed to use for practice purposes the runway, ring, takeoff area or throwing implements associated with the competition. Violation of this rule may result in disqualification. Please refer to NFHS Rule 6-2-6
3. Starting blocks will be furnished. We do allow school purchased blocks to be used on-site.
4. Shoes of all contestants are expected to be legal by rule and meet the spike length requirements as listed below. Each Meet Referee has the authority to disqualify a contestant who does not meet these requirements.
5. 3/16-inch spikes will be allowed.

INFIELD AREAS

Only participating competitors and meet officials will be allowed on the infield area unless pre-approved by the Games Committee. The meet referee has the authority to assess penalties against non-credentialed personnel in the restricted area. Once the meet starts **NO** coaches are allowed in the infield.

INQUIRY TABLE

Provided for the entire meet will be an inquiry table where **COACHES ONLY** can go to seek answers for questions they may have about the meet. Inquiry table personnel will provide help in the following areas:

1. Individual results from completed events.
2. Questions regarding seeding, time schedules, and basic rule interpretations.
3. Help in finding appropriate people to answer questions, if not appropriate for inquiry table personnel.
4. Forms will be available to initiate the appeals process.
5. Scratching athletes from meet.
6. General Questions

Inquiry table personnel are not able to:

1. Rule on violations
2. Change results
3. Hear or rule on appeals
4. Field questions from participants, parents or other non-coaches.

INSTRUCTION BY COACHES

Coaches may give splits and instruct their athletes from an unrestricted area (Rule 4.6.5). Unrestricted areas in track and field are outside the perimeters of the track and field event areas unless pre-approved by the Games Committee for safety purposes. Participants shall not be assisted at the start, during their events, or following their finish by anyone other than meet officials. Any area within the track and field competitive area will be considered restricted unless pre-approved by the Games Committee.

OFFICIAL MERCHANDISERS - "KUKULSKI BROTHERS"

Only the authorized CHSAA vendor the Kukulski Brothers who have been approved by CHSAA, will be cleared to sell any type of merchandise (clothing, pins, hats, head bands, etc.) at regional and at the State Track and Field Championship site. The official "State" t-shirts will be sold at the State Track and Field Championship site.

Website: <https://store.kukulskibrothers.com/>

E-Mail: orders@kukulskibrothers.com

Phone: (602) 386-3460

OFFICIAL PHOTOGRAPHER - "WALLACE PHOTOGRAPHY"

Wallace Photography will take pictures of individual and team award recipients during the awards ceremony. These pictures will be available for sale on site. Inquiries regarding picture orders can be made to www.wallaceathletic.com.

Non-credentialed photographers will not be allowed on the field (i.e. parents, coaches).

Brochures will be available for picture orders on site.

****All school personnel taking pictures must have CHSAA media credentials, be behind the specified lines on the track and podium, and must follow all guidelines and expectations.****

Website: wallaceathletic.com

E-Mail: use2b55@sbcglobal.net

Phone: (775) 230-4320

PARKING (No Cost)

- School vehicle parking as designated by attendants.
- Spectators parking will be located in the two west lots and the northwest/northeast lots.
- Athlete drop-off will be permitted along the east drive behind the stadium
- RV Parking call Ezra Paddock – (720) 331-7289

PROGRAMS

An official program as arranged by the Kukulski Brothers in partnership with CHSAA will be available in digital format.

RELAYS AVOIDING INTERFERENCE

- After passing the baton, the relieved competitor should stand still or jog straight ahead and step off the track when clear (Rule 5.10.8).
- Outgoing runners have to assume that the only clear lane is number 1.

Moving to a new position on the track to "encourage or root" for teammates constitutes aiding a runner and may lead to the disqualification of the relay team.

STATE MEET SCORING

Places in each event, including relays, are scored as follows:

1ST – 10; 2ND – 8; 3RD – 7; 4TH – 6; 5TH – 5; 6TH – 4; 7TH – 3; 8TH – 2; 9TH – 1

SEEDING

(Subject to Change)

Preliminaries

- *1. When forming heats for running events: All athletes shall be placed into heats/flights based on their best time, distance or height. Same team competitors will not be separated to different heats.

2. Lane assignments for races run in lanes:

Seed 1 – Lane 5
Seed 2 – Lane 4
Seed 3 – Lane 6
Seed 4 – Lane 3
Seed 5 – Lane 7
Seed 6 – Lane 2
Seed 7 – Lane 8
Seed 8 – Lane 1
Seed 9 – Lane 9

3. Lane assignments for 800m, 1600m, 4X800m

Seed 1 – Alley 5	Seed 10 – Alley 3
Seed 2 – Alley 5	Seed 11 – Alley 2
Seed 3 – Alley 4	Seed 12 – Alley 2 Alley 1 = Lanes 1 & 2
Seed 4 – Alley 4	Seed 13 – Alley 2 Alley 2 = Lanes 3 & 4
Seed 5 – Alley 4	Seed 14 – Alley 2 Alley 3 = Lanes 5 & 6
Seed 6 – Alley 4	Seed 15 – Alley 1 Alley 4 = Lanes 7 & 8
Seed 7 – Alley 3	Seed 16 – Alley 1 Alley 5 = Lane 9
Seed 8 – Alley 3	Seed 17 – Alley 1
Seed 9 – Alley 3	Seed 18 – Alley 1

IA will not have seeds 13, 14, 15, 16, 17, 18.

4. Lane assignments for 3200m

Alley 1 = Lanes 1-9	Seeds 10-18 (18 on the inside 10 on the outside)
Alley 2 = Lanes 5-9	Seeds 1-9 (9 on the inside 1 on the outside)

IA will start on a single waterfall with seed 12 on the inside and seed 1 on the outside

Finals

1. In all field events the number to finals is one additional the number of track lanes.
2. In all final running events, except the 800m, 1600m, 3200m and 4 x 800m, heat winners receive first preference for lane assignments based on times.
3. Preliminaries to final qualifying (all classes):
9 lanes -- 2 heats – top 3 from each heat, plus the next 3 fastest times.
3 heats – top 2 from each heat, plus the next 3 fastest time.

Discus, Shot Put, Long Jump, Triple Jump – All legal attempts will be measured.

STARTING HEIGHTS FOR VERTICAL JUMPS (STATE MEET)

1A, 2A, 3A, 4A, 5A BOYS & GIRLS

High Jump	Warm-up	Will be 4" below the last qualifiers height
	Start	Will be 2" below the last qualifiers height
	Increments	Will be 2" increments until there are five (5) jumpers left then 1" increments
Pole Vault	Warm-up	Will be 12" below the last qualifiers height
	Start	Will be 6" below the last qualifiers height
	Increments	Will be 6" increments until there are five (5) jumpers left then 3" increments

NOTE: Last qualifier's height is determined by rounding their mark to the nearest lesser inch

CHSAA suggests that these procedures be used at all qualifying meets, starting heights be 2" below lowest entry height in the high jump, 6" in the pole vault. Games Committee may set the starting heights per rule. Increments stay consistent.

STATE MEET INFORMATION (CONT.)

SITE DIRECTORS

Site: [Jefferson County Stadium](#)
500 Kipling St.
Lakewood, CO 80226

Meet Director: Jenn Roberts-Uhlig & Lane Ververs – CHSAA

Site Directors: Darryl Abeyta/Steve Hesser

Stadium Director: Ezra Paddock

STADIUM PRACTICE PROHIBITION

There will be no practice, or anyone allowed on the track or on the facility property beginning the Sunday prior to the Championship meet.

TEAM CANOPIES

Team canopies are allowed in designated area and will be determined by CHSAA. Specific location is TBD. Tents are **not allowed** in the west side of the stands. No tents may be setup prior to the meet.

TEAM PACKETS

Each school with a contestant(s) in the state boys' and girls' competition will have a coach's packet. This packet will contain relay cards, coaches wristbands, and athlete cards. The packet will not be available in advance of the specified pickup time noted below.

NOTE: The authorized coach must pick up and sign for the school packet. No parent or competitor will be permitted to do so. Please contact Jenn Roberts-Uhlig (jrobertsuhlig@chsaa.org) CHSAA Assistant Commissioner or Lane Ververs (lververs@chsaa.org) CHSAA Executive Assistant, for any special circumstances.

Packets will be available for all classes on Thursday, Friday & Saturday – June 24-26 at gate opening times at the team entrance. You can pick up packets at any time during the meet. **Team Entrance will be located at the NORTHEAST entrance.** A gate attendant will be available all day for packet pick-up after gates open.

Competitors and coaches entrance/ticket sales/doors will begin at this time:

Thursday – 7:00 AM; **Friday** – 7:20 AM; **Saturday** – 7:30 AM.

TEAM CREDENTIALS

4A/5A will receive up to 4 coach wristbands per team (4 wristbands per boys' team – 4 wristbands per girls' team or less based on the number of entries you have in the meet). 1A-3A will receive up to 3 coach wristbands per team (3 wristbands per boys' team – 3 wristbands per girls' team or less based on the number of entries you have in the meet). Competitor passes will be based on the estimated number of qualifiers plus one for team athletic trainer.

COACH/COMPETITOR'S PASSES

Each athlete/coach will be given a pass. Upon entry athletes will have their passes taken and hands stamped. There will be a different colored athlete's pass for each day. For coaches to re-enter they must have the punched pass and hand-stamp, otherwise they will have to pay. Re-entry can only be done at the Team Entrance (northeast) (plan accordingly).

NO COACHES ARE ALLOWED IN THE INFELD, EVEN FOR INJURIES, UNLESS ESCORTED BY AN ATHLETIC TRAINER.

*** * NO EXCEPTIONS * ***

Please don't try to circumvent this rule. Gate personnel are expected to do their job; all problems will be reported to the administration of the school.

DO NOT GIVE ANY PASSES TO OTHER COACHES OR SPECTATORS

TIME SCHEDULE

THE TIME SCHEDULE FOR THE 2021 STATE TRACK & FIELD MEET CAN BE FOUND [HERE \(COMING SOON\)](#).

This is a very tight schedule and in order for this meet to stay on time, the following procedures will be used.

1. Weather permitting; athletes will be required to remove their warm-up clothing in the staging area before they enter the track for their event. Coaches are responsible for ensuring that athletes meet National Federation and CHSAA uniform guidelines.
2. Field event contestants will be required to initiate each trial within the 1-minute period stated in the National Federation Rules.
3. Time schedule of running events will be followed. Due to unforeseen circumstances (i.e. inclement weather) races may run behind schedule however a race will never be run before its scheduled time.

ATHLETIC TRAINERS AREA

Athletic Trainers will be located on the infield and/or on southwest side of track.

INCLEMENT WEATHER POLICY

No qualifying meets interrupted due to inclement weather will be considered for ranking after June 19, 2021.

Contests interrupted because of acts of God shall be continued from the point of interruption unless the teams agree to terminate the contest with the existing score or there is conference, league, CHSAA or National Federation game rules which apply.

The following policy statements represent the general operating procedures of the CHSAA regarding post-season competition that is threatened by acts of God which include, but are not limited to, inclement weather, infectious diseases, or other uncontrollable and unforeseen circumstances. Circumstances not covered by this policy are left to the discretion of the CHSAA office.

Note: Schools and individuals have the added responsibility of making alternative travel plans to contest/tournament sites based upon weather forecasts, etc. As a common factor, input and recommendations are to be sought from the Highway Patrol Division of Highways and Travel.

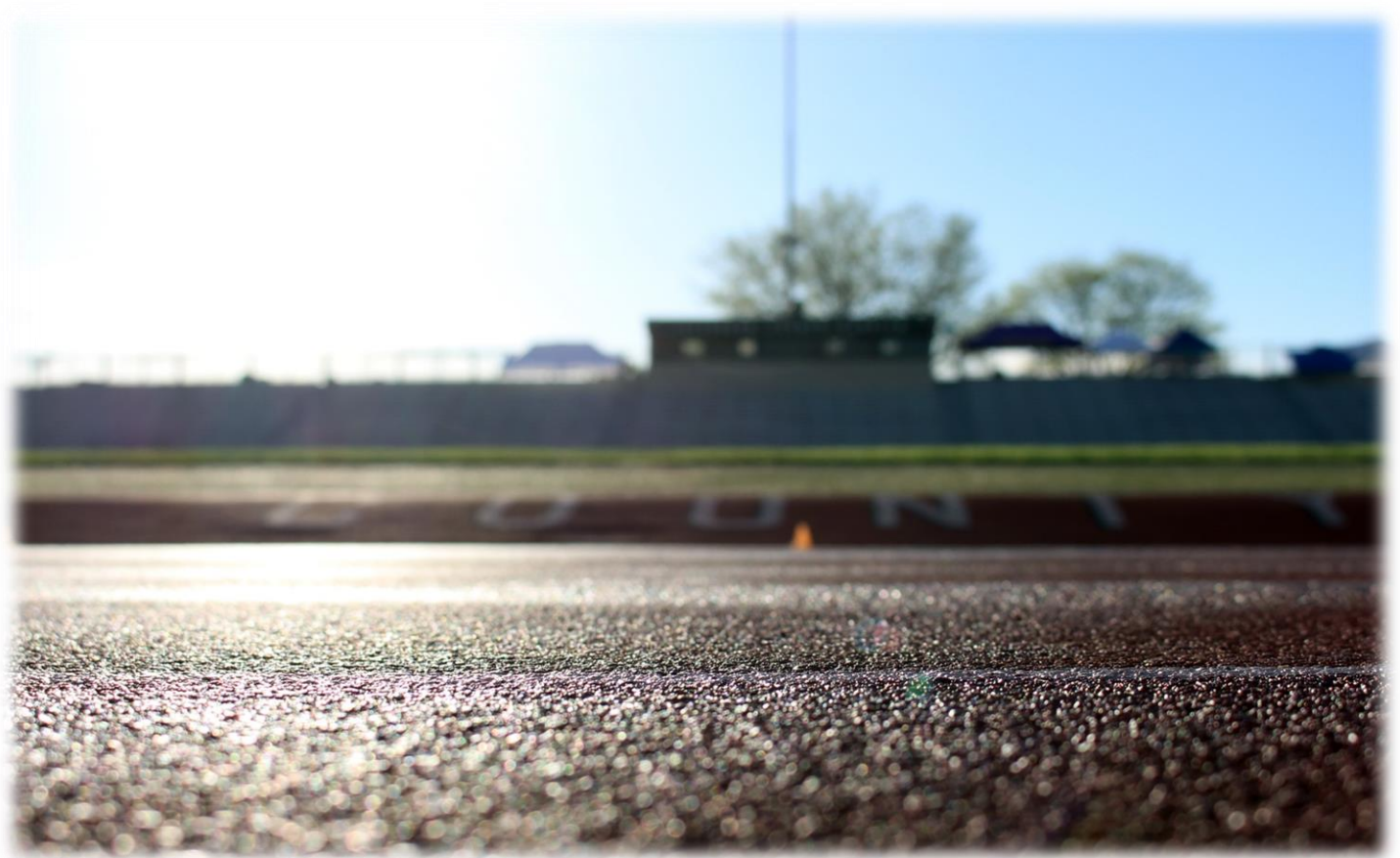
Team Competition (Cancellation/Postponement/Delay)

1. Dual - The scheduled starting time and/or date of a meet/event may be adjusted upon consultation and agreement of the administrators from the two affected schools as well as consultation with the CHSAA office.
2. Tournaments/Conferences - In the event acts of God prevent a team(s) from arriving on time for a scheduled meet as part of a post-season tournament, the following steps will be enacted:
 - a. When the number of schools participating is 25% or more that are unable to be present, the tournament/conference director, in consultation with the CHSAA, shall postpone all or part of the day's contests/activities. Alternative brackets and time schedules shall be determined by the director, in consultation with the CHSAA, which may include extending the contest/ tournament.
3. When less than 25% of schools are not able to attend the following procedures will be followed:
 - a. Notify the tournament director or designee with complete details a minimum of four hours before the scheduled starting time the day the tournament is to begin and/or other affected days of the tournament.
 - b. If unable to arrive for the scheduled starting time, that segment of the bracket (game) will be moved to a later time slot that evening, following the completion of scheduled contests.
 - c. In the event "a" is not possible, the game(s) will be rescheduled the following morning-- where the schedule permits --at a time to be set by the tournament director.
 - d. In the event "b" is not possible and the contest(s) cannot be rescheduled due to facility and/or schedule conflicts, etc., the contest shall be declared a forfeit. When a consolation bracket is available, the team unable to make the contest will enter the consolation bracket.

Individual Competition

- l. Tournaments/Conferences - In the event acts of God prevent an individual(s) from arriving on time for a scheduled match as part of a post-season tournament, the following will apply:
 - a. In cases where less than 10% of participants are affected, the event/tournament will continue as scheduled and the individual will forfeit his/her position in the draw. When a consolation bracket is involved, the participant(s) unable to make the scheduled match will enter the consolation bracket. (The sport specific rules apply, i.e. NFHS weigh-in policy.)
 - b. If a number of participants in excess of 10% cannot be present before the official check-in period but are planning to attend and contact the tournament director a minimum of four hours in advance of the tournament, the tournament director, in consultation with the CHSAA, may adjust the bracketing and schedule for the purpose of allowing maximum participation.
 - c. When the number of participants is 25% or more who are unable to be present, the tournament director, in consultation with the CHSAA, shall postpone all or part of the day's contests/ activities. Schedules/brackets and alternative plans shall be determined by the director, in conjunction with the CHSAA, which may include extending the contest/tournament.

TRACK & FIELD APPENDIX



ABBREVIATIONS OF TRACK SCHOOLS

These abbreviations must be used for entries in “ALL MEETS”. These abbreviations will be used for all classifications for qualifying, regional and state entries.

HIGH SCHOOL	ABBREV.
ABRAHAM LINCOLN	ABRA
ACADEMY (THE)	ACAD
ADAMS CITY	ADAM
AGUILAR	AGUI
AIR ACADEMY	AIRA
AKRON	AKRO
ALAMEDA	ALAM
ALAMOSA	ALMO
ALEXANDER DAWSON	ALEX
ANTONITO	ANTO
ARAPAHOE	ARAP
ARICKAREE	ARIC
ATLAS PREP	ATLA
ARRUPE JESUIT	ARRU
ARVADA	ARVA
ARVADA WEST	ARVW
ASPEN	ASPE
AURORA CENTRAL	AURO
AURORA WEST COLLEGE PREP	AWCP
BASALT	BASA
BATTLE MOUNTAIN	BATT
BAYFIELD	BAYF
BEAR CREEK	BEAR
BELLEVUE CHRISTIAN	BELL
BENNETT	BENN
BERTHOUD	BERT
BETHUNE	BETH
BOULDER	BOUL
BRANSON	BRAN
BRIGGS DALE	BRIG
BRIGHTON	BRGH
BROOMFIELD	BROO
BRUCE RANDOLPH	BRUC
BRUSH	BRUS
BUENA VISTA	BUEN
BURLINGTON	BURL
BYERS	BYER
CALHAN	CALH
CALICHE	CALI
CAMPION ACADEMY	CAMA
CAMPO	CAMP
CANON CITY	CANO
CAPROCK ACADEMY	CAPA
CASTLE VIEW	CAST
CEDAREDGE	CEDA

HIGH SCHOOL	ABBREV.
CENTAURI	CNTA
CENTAURUS	CNTU
CENTENNIAL	CNTE
CENTER	CENT
CENTRAL-GRAND JCT.	GRJC
CHAPARRAL	CHAP
CHATFIELD	CHAT
CHERAW	CHER
CHEROKEE TRAIL	CHET
CHERRY CREEK	CHEC
CHEYENNE MOUNTAIN	CHYM
CHEYENNE WELLS	CHYW
CIVA CHARTER	CIVA
CLASSICAL ACADEMY	CLAS
CLEAR CREEK	CLER
COAL RIDGE	COAL
COLLEGIATE ADAD. OF COLO.	COLC
COLORADO ACADEMY	CACD
COLORADO ROCKY MTN.	CRMT
COLO. SCHOOL FOR D&B	CSDB
COLO. SPRINGS SCHOOL	CSPS
COLO. SPGS. CHRISTIAN	CSCS
COLUMBINE	COLU
COMMUNITY CHRISTIAN SCHOOL	COMM
CONIFER	CONI
CORONADO	CORO
COTOPAXI	COTO
CREEDE	CREE
CRESTED BUTTE COMM.	CRES
CRIPPLE CREEK-VICTOR	CRIP
CROWLEY COUNTY	CROW
CUSTER COUNTY	CUST
DAKOTA RIDGE	DAKO
DAYSPRING CHRISTIAN	DAYS
DEBEQUE	DEBE
DEER TRAIL	DEER
DEL NORTE	DELN
DELTA	DELT
DENVER ACADEMY	DACA
DENVER CHRISTIAN	DCHR
DENVER EAST	DENE
DENVER JEWISH DAY SCHOOL	DJDS
DENVER NORTH	DENN
DEN. SCHOOL OF S & T (STAPLETON)	DSST

HIGH SCHOOL	ABBREV.
DSST (GREEN VALLEY RANCH)	DGVR
DENVER SOUTH	DENS
D'EVELYN	DEVE
DENVER WALDORF SCHOOL	DNWS
DENVER WEST	DENW
DISCOVERY CANYON	DISC
DOHERTY	DOHE
DOLORES	DOLO
DOLORES HUERTA PREP	DOHP
DOUGLAS COUNTY	DOUG
DOVE CREEK	DOVE
DURANGO	DURA
EADS	EADS
EAGLE RIDGE ACADEMY	EGRG
EAGLE VALLEY	EAGV
EAGLECREST	EAGL
EATON	EATO
EDISON	EDIS
ELBERT	ELBT
ELIZABETH	ELIZ
ELLCOTT	ELLI
ENGLEWOOD	ENGL
ERIE	ERIE
ESTES PARK	ESTS
EVANGELICAL CHRISTIAN	EVAN
EVERGREEN	EVER
EXCELSIOR	EXCL
FAIRVIEW	FAIR
FAITH CHRISTIAN	FTHC
FALCON	FALC
FLAGLER	FLAG
FLAGLER/HI-PLAINS	FLHP
FLATIRONS ACADEMY	FLAC
FLEMING	FLEM
FLORENCE	FLOR
FORT COLLINS	FTCO
FORT LUPTON	FTLU
FORT MORGAN	FTMO
FOSSIL RIDGE	FOSS
FTN. -FORT CARSON	FTNC
FOUNTAIN VALLEY	FTNV
FOWLER	FOWL
FREDERICK	FRED
FRONTIER ACADEMY	FRON
FRONT RANGE CHRISTIAN	FTRC
FRUITA MONUMENT	FRUI
GATEWAY	GATE
GENOA-HUGO	GENO
GEORGE WASHINGTON	GEOR
GILPIN COUNTY	GILP
GLENWOOD SPRINGS	GLEN
GOLDEN	GOLD

HIGH SCHOOL	ABBREV.
GOLDEN VIEW CLASSICAL ACADEMY	GOVI
GRANADA	GRAN
GRAND JUNCTION	GRAJ
GRAND VALLEY	GRVA
GRANDVIEW	GRDV
GREELEY CENTRAL	GRCE
GREELEY WEST	GRWE
GREEN MOUNTAIN	GREN
GUNNISON	GUNN
HANOVER	HANO
HARRISON	HARR
HAXTUN	HAXT
HAYDEN	HAYD
HERITAGE	HERI
HERITAGE CHRISTIAN ACADEMY	HRTC
HIGHLAND	HIGH
HIGHLANDS RANCH	HIRN
HINKLEY	HINK
HI-PLAINS	HIPL
HOEHNE	HOEH
HOLLY	HOLL
HOLY FAMILY	HLFA
HOLY TRINITY ACADEMY	HLTA
HOLYOKE	HOLY
HORIZON	HORI
HOTCHKISS	HOTC
IDALIA	IDAL
IGNACIO	IGNA
JAMES IRWIN CHARTER	JAME
JEFFERSON	JEFF
JEFFERSON ACADEMY	JEFA
JIM ELLIOT	JIME
JOHN F. KENNEDY	KENN
JOHN MALL	JOHN
JULESBURG	JULE
JUSTICE	JUST
KARVAL	KARV
KENT DENVER	KENT
KIM	KIMM
KIOWA	KIOW
KIPP DENVER COLLEGIATE	KIPP
KIT CARSON	KITC
LA JUNTA	LAJU
LAKE CITY COMMUNITY SCHOOL	LCSS
LAKE COUNTY	LKCO
LAKEWOOD	LAKE
LAMAR	LAMA
LAS ANIMAS	LASA
LA VETA	LAVE
LEGACY	LEGA
LEGEND	LEGE

HIGH SCHOOL	ABBREV.
LEWIS-PALMER	LEWP
LIBERTY (CS)	LBSC
LIBERTY (JOES)	LBJO
LIBERTY COMMON	LBCO
LIMON	LIMO
LITTLETON	LITT
LONE STAR	LONE
LONGMONT	LONG
LONGMONT CHRISTIAN	LNGC
LOTUS SCHOOL	LOTU
LOVELAND	LOVE
LUTHERAN	LUTP
LYONS	LYON
MACHEBEUF (BISHOP)	BISH
MANCOS	MANC
MANITOU SPRINGS	MANI
MANUAL	MANU
MANZANOLA	MANZ
MCCLAVE	MCCL
MEAD	MEAD
MEEKER	MEEK
MERINO	MERI
MESA RIDGE	MESA
MIAMI-YODER	MIAM
MIDDLE PARK	MIDD
MITCHELL	MITC
MOFFAT	MOFF
MOFFAT COUNTY	MOFC
MONARCH	MONA
MONTBELLO	MONT
MONTE VISTA	MNTE
MONTEZUMA-CORTEZ	MNTZ
MONTROSE	MONR
MOUNTAIN RANGE	MTNR
MOUNTAIN VALLEY	MTNV
MOUNTAIN VIEW	MTVW
MOUNTAIN VISTA	MTVS
MULLEN	MULL
NEDERLAND	NEDE
NIWOT	NIWO
NORTHGLENN	NORT
NORTH PARK	NTHP
NORTHFIELD	NRFD
NORTHRIDGE	NORR
NORWOOD	NORW
NUCLA	NUCL
OLATHE	OLAT
OTIS	OTIS
OURAY	OURA
OVERLAND	OVER
PAGOSA SPRINGS	PASO

HIGH SCHOOL	ABBREV.
PALMER	PALM
PALMER RIDGE	PLMR
PAONIA	PAON
PAWNEE	PAWN
PEAK TO PEAK H.S.	PEAK
PEETZ	PEET
PEYTON	PEYT
PIKES PEAK CHRISTIAN	PPCH
PINE CREEK	PINE
PINNACLE (THE)	PINN
PLAINVIEW	PLAN
PLATEAU VALLEY	PLAT
PLATTE CANYON	PTCN
PLATTE VALLEY	PTVA
POMONA	POMO
PONDEROSA	POND
POUDRE	POUD
PRAIRIE	PRAI
PRAIRIE VIEW	PRVI
PRIMERO	PRIM
PRITCHETT	PRIT
PROSPECT RIDGE ACADEMY	PROS
PUEBLO CENTENNIAL	PUEC
PUEBLO CENTRAL	PUCE
PUEBLO COUNTY	PUCO
PUEBLO EAST	PUEE
PUEBLO SOUTH	PUES
PUEBLO WEST	PUEW
RALSTON VALLEY	RALS
RAMPART	RAMP
RANGELY	RANG
RANGEVIEW	RNGV
REGIS JESUIT (B)	REGI
RESURRECTION CHRISTIAN	RESU
REVERE	REVE
RIDGEVIEW ACADEMY	RVAC
RIVERDALE RIDGE	RVDR
RIDGWAY	RIDG
RIFLE	RIFL
ROARING FORK	ROAR
ROCK CANYON	ROCC
ROCKY FORD	ROCF
ROCKY MOUNTAIN	ROCK
ROCKY MOUNTAIN LUTHERAN	RMTL
ROOSEVELT	ROOS
RYE	RYES
ST. MARY'S	STMR
ST. MARY'S ACADEMY	STMA
SALIDA	SALD
SAND CREEK	SAND

PALISADE	PALI
HIGH SCHOOL	ABBREV.
SANGRE DE CRISTO	SANG
SARGENT	SARG
SEDGWICK COUNTY (JULESBURG/REVERE)	SEDG
SEVERANCE	SEVR
SHERIDAN	SHER
SHINING MTN. WALDORF	SHIN
SIERRA	SIER
SIERRA GRANDE	SRGR
SILVER CREEK	SILV
SIMLA	SIML
SKYLINE	SKYL
SKYVIEW	SKYV
SKYVIEW ACADEMY	SKAC
SMOKY HILL	SMOK
SOROCO	SORO
SOUTH BACA (CAMPO/PRITCHETT/VILAS)	VILA
SOUTH PARK	STHP
SOUTHERN COLO. EARLY COLLEGE	SCEC
SPRINGFIELD	SPRN
STANDLEY LAKE	STAN
STEAMBOAT SPRINGS	STEA
STERLING	STER
STRASBURG	STRS
STRATTON	STRA
STRATTON/LIBERTY	STLB
SUMMIT	SUMM
SWALLOWS CHARTER ACAD.	SWAL
SWINK	SWIN
TELLURIDE	TELL
THOMAS JEFFERSON	THOJ
THOMPSON VALLEY	THOM
THORNTON	THOR
THUNDERRIDGE	THUN
TRINIDAD	TRIN
TWIN PEAKS CHARTER	TPCA

SANFORD	SANF
HIGH SCHOOL	ABBREV.
UNION COLONY PREPARATORY SCHOOL	UNCO
UNIVERSITY	UNIV
VAIL CHRISTIAN	VLCH
VAIL MOUNTAIN	VLMT
VALLEY	VALL
VALOR CHRISTIAN	VALO
VANGUARD SCHOOL	VANG
VILAS	VILA
VISTA PEAK	VIPK
VISTA RIDGE	VIST
WALSH	WALS
WASSON	WASS
WELD CENTRAL	WELD
WELDON VALLEY	WLDV
WEST GRAND	WEST
WESTMINSTER	WSTM
WHEAT RIDGE	WHEA
WIDEFIELD	WIDE
WIGGINS	WIGG
WILEY	WILE
WILLIAM SMITH	WILL
WINDSOR	WIND
WOODLAND PARK	WOOD
WOODLIN	WDLN
WRAY	WRAY
YUMA	YUMA

MAX PREPS STATE QUALIFYING DECLARATION PROCESS

Track Coaches,

CHSAA again is using the [MaxPreps](#) state qualifier system this season, to help make it easier for coaches to select their state qualifiers and for us to seed the state meet.

All state declarations will be done through [MaxPreps](#) in your coach admin. There will be no scratch and add process as in previous seasons. You must log in to your team account to complete the state process. When the process is opened for coaches, you will see a notice at the top of your coach admin as shown below.

The screenshot shows the MaxPreps Fort Collins coach admin dashboard. At the top, there's a navigation bar with links: HOME, Roster, Schedule, Scores/Stats, Post to Wall, Team Calendar, Utilities, Links, Support, and Change Season. Below this is a prominent yellow banner with the text: "Tell Us Who Qualified For State! The Colorado High School Activities Association is using MaxPreps to collect the names of all athletes who have qualified to compete in state championships. You must submit your names between April 14 and May 31." A green "Get Started" button is on the right. To the left of the banner is a sidebar with "Team Admin Tools" including Post to Team Wall, Team Calendar, MaxMessenger, Meets Wanted, State Nominations (Open: 4/14 to 5/31), and Athlete of the Year. The main content area has a message from MaxPreps Coach Support, welcoming back to the 2012-2013 school year and mentioning a new look and a "NEW Player of the Game" program. On the right, there's a section for "TEAM PHOTO NOT AVAILABLE" with links for "Change Mascot" and "Upload Photo", and a sponsored ad for "Stay Connected with MaxPreps Facebook".

To begin the process, simply click on the "Get Started" button. That will take you to a screen that displays all the events as shown below. The nomination process will open **THURSDAY, JUNE 10 at 3:00 pm.**

The screenshot shows the MaxPreps Fort Collins coach admin dashboard with the "Manage Qualifying Athletes" screen. The navigation bar is the same as the previous screenshot. Below the banner, the page title is "Manage Qualifying Athletes". The text below the title states: "The Colorado High School Activities Association is using MaxPreps to collect the names of all athletes who have qualified to compete in state championships. You must designate your qualifying athletes between 4/14 and 5/31. You do not need to send your selections to the association office; they will run a report after the deadline has passed." Below this text is a table with two tabs: "Manage Nominations" (selected) and "Roster View". The table has three columns: "Track Events", "Nominated Athletes", and "Add/Edit". The "Track Events" column lists four events: "100 Meter Sprints", "200 Meter Sprints", "400 Meter Sprints", and "800 Meter Middle Distance". The "Nominated Athletes" column is currently empty. The "Add/Edit" column contains green edit icons for each event. A "Menu" button is located in the top right corner of the table area.

Track Events	Nominated Athletes	Add/Edit
100 Meter Sprints		
200 Meter Sprints		
400 Meter Sprints		
800 Meter Middle Distance		

To make a state declaration in an event (meaning you are entering that athlete into that event) click on the green pencil icon next to that event. Your roster will display, along with the best time your athlete achieved in that event, as shown below.

Sprints - 100 Meter Nominations

Current Roster

<input type="checkbox"/> Alexander Manship	<input type="checkbox"/> Jacob Hanks (00:11.79)	<input type="checkbox"/> Nicholas Stroh
<input type="checkbox"/> Ben Ervin	<input type="checkbox"/> Jacob Sober	<input type="checkbox"/> Nick Keller
<input type="checkbox"/> Benjamin Greuel	<input type="checkbox"/> Jacob Theis	<input type="checkbox"/> Poulsen Matt
<input type="checkbox"/> Brandon Adams-Palmer	<input type="checkbox"/> Jake Wands	<input type="checkbox"/> Raymond Bozmans (00:10.27)
<input type="checkbox"/> Bruce Coburn (00:12.30)	<input type="checkbox"/> Javier Lerma-morales	<input type="checkbox"/> Riley Waldie (00:11.84)
<input type="checkbox"/> Caleb Seeton (00:11.60)	<input type="checkbox"/> Jefferson Abbey	<input type="checkbox"/> Rory Schulte
<input checked="" type="checkbox"/> Calvin Johnson (00:12.06)	<input type="checkbox"/> John Boxberger	<input type="checkbox"/> Ryan Johnson
<input type="checkbox"/> Cassidy Crawford	<input type="checkbox"/> John Patterson	<input type="checkbox"/> Ryan Robinson
<input type="checkbox"/> Chase Thurgood	<input type="checkbox"/> Josiah Cuckler (00:12.20)	<input type="checkbox"/> Ryan Rogers
<input type="checkbox"/> Christian Meyer	<input type="checkbox"/> Joven Silva	<input type="checkbox"/> Sam Hodges
<input type="checkbox"/> Colin Grueber	<input type="checkbox"/> Keon Zimmerman (00:11.56)	<input type="checkbox"/> Sean Ettien
<input type="checkbox"/> Collin Grueber	<input type="checkbox"/> Langston Stuckey (00:12.14)	<input type="checkbox"/> Sergio Torres
<input type="checkbox"/> Colton Weaver	<input type="checkbox"/> Levi Adema	<input type="checkbox"/> Seth Knighton

Check the box next to that athlete's name and hit "Save" and that entry will be saved. Complete for all events in which you have a competing athlete. **Please note: it is your responsibility to ensure that you enter only athletes who have achieved state qualification standards as determined by the CHSAA.**

You can edit the selections as needed through **MONDAY, JUNE 21 by 8:00 AM**. You can double check your declarations by clicking the "Roster View" link as shown below. You may also print off your entries by using the gray "Menu" button as displayed in the graphic below and selecting "Print".

MAXPREPS Fort Collins (Fort Collins, CO)
Boys Varsity Track & Field Spring 11-12 · Team Administration

HOME Roster Schedule Scores/Stats Post to Wall Team Calendar Utilities Links Support Change Season

Manage Qualifying Athletes

The **Colorado High School Activities Association** is using MaxPreps to collect the names of all athletes who have qualified to compete in state championships. You must designate your qualifying athletes between **4/14** and **5/31**. You do not need to send your selections to the association office; they will run a report after the deadline has passed.

Manage Nominations **Roster View** Menu

Athlete	Nominated Events
Alexander Manship	
Ben Ervin	
Benjamin Greuel	
Brandon Adams-Palmer	
Bruce Coburn	4 x 100 Meter (Relays) - Alternate
Caleb Seeton	100 Meter (Sprints) (00:11.60) 4 x 100 Meter (Relays) - Alternate
Calvin Johnson	
Cassidy Crawford	

If you do not have your [MaxPreps](#) login information or need assistance with the process, please contact [MaxPreps](#) rep Gerry Valerio at gerry.valerio@cbsinteractive.com.

MEET MANAGERS INFORMATION PAGE

PLEASE READ THOROUGHLY

HELPFUL HINTS FOR MEET MANAGERS

1. THE [MAXPREPS](#) IMPORT PROCESS REMAINS THE SAME AS LAST SEASON.
2. REMINDER, ATHLETE NAMES IN [MAXPREPS](#) THAT MATCH THE NAMES IN THE HYTEK RESULTS FILE WILL APPEAR IN GREEN FOR EACH TEAM DURING THE IMPORT PROCESS. NON-MATCHING NAMES APPEAR AT THE TOP OF THE PAGE IN RED FOR EACH TEAM. PLEASE TAKE A MOMENT TO CHECK TO SEE IF THERE IS A MATCHING ATHLETE (PERHAPS THERE IS A MISPELLED NAME OR A DIFFERENT VERSION OF THE NAME IN THE RESULTS FILE THAN WHAT IS ON THE [MAXPREPS](#) ROSTER) BEFORE ADDING A NEW ATHLETE TO THE ROSTER. THIS IS TO AVOID ADDING DUPLICATE ATHLETES.
3. MEET MANAGERS WILL NEED TO DELETE TIMES WHEN A STUDENT IS DQ. THIS ASSURES THAT THE RESULTS THAT ARE SUBMITTED TO [MAXPREPS](#) ARE ACCURATE FOR THE QUALIFYING PROCESS FOR THE STATE MEET.
4. REMEMBER TO EXPORT MEET RESULTS BY GENDER FROM HYTEK BEFORE IMPORTING THE RESULTS INTO [MAXPREPS](#). THIS WILL BE A HUGE TIME-SAVER AND WILL ELIMINATE THE POSSIBILITY OF ADDING ATHLETES IN THE WRONG GENDER ROSTER.
5. RESULTS FROM ALL QUALIFYING MEETS MUST BE ENTERED BY June 19th at 11:59 pm
6. PLEASE REVIEW THE MAXPREP'S TUTORIAL

If you have questions, please feel free to contact Gerry Valerio at gerry.valerio@cbsinteractive.com or Jenn Roberts-Uhlig at jrobertsuhlig@chsaa.org

GOOD LUCK THIS SEASON

QUESTIONS & ANSWERS ON RANKINGS

Q1: How long do coaches have to question/protest meet result rankings posted by [MaxPreps](#)?

A1: Coaches have until the Thursday following the posting of the results to protest rankings. All protest must be done in writing and submitted by E-mail. Non-head coach protests will not be considered. A coach's protest outside of the designated time period will not be considered. (Example – Coach cannot E-mail a concern on May 2nd regarding meet results or rankings from a meet on April 10.

Q2: How many athletes will be ranked per event?

A2: [MaxPreps](#) will rank results but only the top 18 per event will be seeded for the state championship. [MaxPreps](#) is a nationally recognized rankings and statistics company working with the CHSAA.

- *1A – will rank/advance the Top 9 in all seeded lanes and Top 12 in the 800m, 1600m, 3200m, and the 4 x 800m and Top 10 in field events. The finals will be seeded with the longest jump or throw competing last, second longest second to last, etc. 1A competitors will have finals only format with four (4) attempts.*

Q3: Will the CHSAA advance ties for final places?

A3: Yes, if ties cannot be broken all times/marks final place will advance.

Q4: Who do coaches call for questions and concerns regarding ranked and omission of athletes?

A4: All questions/concerns must be in writing via E-mail to jrobertsuhlig@chsaa.org.

Q5: When are rankings updated?

A5: All qualifying meets must be submitted within 48 hours and [MaxPreps](#) will update markings.

Q6: How are relays used for rankings and advanced to state?

A6: A school can qualify one relay per event. If ranked in the top 18 for state, coaches can interchange entries per relay card at state. Relays do not declare individuals until the state meet. **You will only fill out one relay card at state.**

Q7: What if an athlete who has placed in past state championships does not have a legal wind-aided performance?

A7: If the athlete has competed in a minimum of 8 varsity qualifying meets and has all wind-aided performances that are in the legal rankings the CHSAA liaison and review board will reserve the right to add individuals based on past state championship placing in the top 8 or top 9 medal rounds. Meets missed due to injury or ineligibility (for any reason) will disqualify an athlete for consideration.

Q8: Can I split my team/program the last week?

A8: Teams/programs **WILL** be allowed to split and send athletes to different locations during the last week prior to state. No student may participate in more than 8 scheduled track meets (including indoor and outdoor) during a track season exclusive of foundation meets, league championships and state meets. The format for league meets (number of entries, time schedule, number of days, etc.) is at the discretion of the site host.

Teams will be allowed to attend two meets during the last week of the regular season.

Q9: Can we change the direction of straight races to take advantage of the wind?

A9: Yes, but all qualifying standards must be met.

Q10: If meet results aren't submitted to [MaxPreps](#) on time, will CHSAA accept verified results after the 48-hour time period?

A10: No. In order to keep the integrity of the process results not submitted within the timeline, will disqualify all athletes' opportunities for rankings.

Q11: Why do we have to use CHSAA regulated school abbreviations?

A11: Consistent abbreviations are critical for identifying schools in qualifying meets as well as multi-classification meets.

Q12: Is there a maximum number of athletes a school can have in the top rankings to advance?

A12: No – after you have declared your athletes the top qualifiers in each classification –
(1A – 9 / 1A – 12 in 800m, 1600m, 3200m, & 4x800m / 1A – 10 in field events / 2A-5A – 18 will advance.)

Q14: At what point does an 8th grade student become eligible to participate with high school underclassmen at a school sponsored activity (i.e. camps, weight room, off-season workouts, etc.)?

A14: Starting May 1st. They must have preregistered or live in the attendance area of the high school in which they will participate.

Q15: If I find a discrepancy more than 7 days after meet results have been posted can I call CHSAA or [MaxPreps](#) to have it corrected?

A15: No. You have 7 days to make note of and change discrepancies after meet results have been posted. After that 7-day period, all requests will no longer be reviewed or added.

MILESPLIT REGULAR SEASON ONLINE REGISTRATION INFORMATION

Instructions to enter a meet using [MileSplit](#)'s Online Meet Registration System

Updating Rosters

With the track and field season about to start, a little prep work and housecleaning now means less time and aggravation later.

If you are a coach of a team but not yet a registered user:

1. Go to <http://co.milesplit.com> and click on the Login link in the upper right corner. Then click on the Sign Up link. You do not have to become a [MileSplit](#) Pro member to have a coach account.
2. Simply fill out the registration page.

Wait for a confirmation message sent to the e-mail address you provided (it shouldn't take more than a couple of minutes). Once that comes, use your new Colorado Track XC username and password provided to log in. Once you are logged in, you may change your password to something more memorable by clicking on Account in the upper right corner and then My Account/Change Password.

3. Next go to your team page (click on Teams in the gray navigation bar and select your school). In the black banner portion of your team banner, click on the Claim Team button. On the next page that appears, click on the Coach link, then fill out the indicated information, and click on the Yes, I am a coach on this team button at the bottom of the form. You may add your school position in the text box, and any other information you believe will be helpful to verify you are a coach. A valid school e-mail address is a very good indicator. A working email address that you check is an absolute necessity.
4. You must now wait for a confirmation message that you are accepted as a team admin for your school. This can take as long as 24 hours, but usually happens much sooner than that. If you don't seem to be getting this message, please first check your spam (or junk) box. If that does not yield the confirmation contact Alan Versaw at versawa@msn.com or Gayle Rich at gayle.rich@flosports.tv.

Once you have confirmed team admin status for your school:

1. Go to Colorado Track XC (<http://co.milesplit.com>) and log in with your username and password.
2. Click on Teams on the main gray navigation bar and select your school.
3. Click on the Edit Team button beneath your school name on the team page.
4. Click on the Roster tab at the top of the page, immediately below the banner area. This will bring up your editable team roster. You will note that most of the athletes on your team are already entered. Here are the steps you need to go through at this page to make your roster (the one that will show on your team home page when people view it and the one you will select from when you do online entries) fully current:
 - a. Note which roster you are viewing. During, and for a while before, track season, the roster defaults to the track roster. Check first on the cross country roster, however, before adding any athletes to the track roster. Do this by

selecting the All option under Sport. If any of these athletes need to be added to the track roster, check the edit pencil next to the sport in the Roster column and make any necessary changes. Check also for inactive athletes who may be coming back to track. Do this by selecting All Current under Status. Make these athletes current members of the track by clicking on the edit pencil next to their roster status and making any necessary edits. If there are any athletes listed for cross country and track but who will not be out for track, click the edit pencil and make them only on the Cross Country roster.

b. Now there will be athletes who do not yet exist on the roster and need to be added. Simply use the Add Athlete tool on the right-hand side of the page to add these athletes. As you add, please make sure you assign each one an accurate year of graduation.

c. If athletes have moved away from your school or are no longer involved in either track and field or cross country, you may click on the edit pencil at the end of their Status field and select Inactive status. Please use Inactive only for these purposes, not for making a cross country athlete who is likely to run again next year “inactive” for track season!

d. For any athletes shown without a year of graduation, please click on the edit pencil in the Class Of field and enter a correct year of graduation. A year of graduation is required for online registration for meets. This will spare you the grief of adding this information later.

e. Please do not correct any name misspellings in the middle of the season without telling me (versawa@msn.com). Otherwise, duplicate athletes will be generated in the rankings. This is something nobody wants.

f. If you find athletes showing on your roster who have graduated, that is because there is no year of graduation (or at least not a correct year of graduation) entered for them in the database. Click next to the Class Of field and enter the correct year of graduation. This will remove them from your editable roster.

g. When you are done editing your roster, you can click on Exit Admin Mode in the black banner area to return to the regular pages of the site. If you noted any duplicate athlete names in your roster, send me an e-mail at versawa@msn.com and I will merge those.

ENTERING A MEET ONLINE

● Registration Open

The Banana Belt Classic

March 9 at Dutch Clark Stadium

Hosted By: Pueblo Centennial High School

☒ Get Started

☐ Choose Team

☐ Choose Athlete

☐ Contact Information

☐ Choose Divisions

☐ Enter Athletes

Registration Info

Registration Opens:	January 15, 2019 - 08:00pm EST
Registration Closes:	March 6, 2019 - 08:00pm EST
Invitational/Open:	Open
Payment Options:	No Online Payments Pay Through Mail
Open to:	High School
Registration Notes:	\$250 Per Team

Register New Entries

Click Next to register as a School

If you're doing online entries on Colorado Track XC for the first time, or if you're not quite sure you remember how to from last year, below are the instructions you need:

Step 1: Make sure you are logged in. You should have already claimed your team and edited your roster. If not, go back to the beginning before doing this step.

Step 2: Click in the main navigation bar on Calendar. This will bring up the current season of meets. Look for the meet you wish to enter. Click on the meet name to bring up the meet page. If the meet is open for entries, you will see a green Enter Online Now bar below the meet name. Click it.

Step 3: This will bring you to a page similar to the one shown above, with details on the meet. Check the box at the bottom where it says Next.

Note: If it is a password-protected meet, you will have to get that information from the meet director. [MileSplit](#) personnel are not authorized to release that information.

Step 4: Your team should show if you are properly logged in. If your team is showing, but not already selected, click the radio button, then click on Next at the bottom. If your team is already selected, click on Next.

Step 5: Provide contact information as indicated. Select other coaches for contact as well if desired. Then click Next.

Step 6: Select divisions for which you will be entering the meet. If your team will be eventually entering both divisions but you are doing only one now, please select both divisions (male and female) now. It's easier that way. Then click on Next.

Step 7: Here is where you enter athletes. Each event has its own Add Entries button. Select as many events, up to and including all of them, and add entries for those events. Click on Save Entries each time you are done adding entries for an event. Note this is also the page where you can print confirmation of entries. When you are done, and whether or not the meet is using [MileSplit](#) to produce a bill for your entries, click Make Payment. You may return to revise your entries at any time up until meet entries close.

Step 8: Click Done.

PROPER USE OF WIND GAUGES DURING QUALIFYING EVENTS

In an attempt to provide multiple opportunities for athletes to qualify for the state championship, Colorado first adopted a system of pre-qualifying meets then adopted a ranking system that advanced the top 18 athletes in each event to the state meet. When athletes are competing all over the state to secure a ranking that qualifies them, equity can become an issue. It becomes especially important to follow proper procedures when recording performances to ensure that only legitimate marks are certified and ranked.

The best way to achieve equity is to require that all these contests be held in accordance with the rules set forth by the National Federation and the Colorado High School Activities Association. The following outline will enable meet directors, track referees, and field referees to be consistent when applying the rules of the wind gauge to ensure that times and distances are properly certified and that deserving athletes are granted access to our state's track and field championships.

A wind gauge or anemometer is required for races up to and including the 200 meters and the horizontal jumps. There are three steps that meet directors and referees must take to insure the legal running of these events: 1) verify that there are three wind gauges for the meet; 2) locate and set up the gauges properly and verify that they are operational; and 3) communicate with the persons operating the gauges to make sure they understand the correct procedures.

1. There should be three anemometers for each pre-qualifying meet. One gauge will record wind speed for the track events (100 meters, 200 meters, 100-meter hurdles, and 110-meter hurdles). Many FAT systems currently have the capability of recording the wind speed during a track event. The second and third gauges are used for the triple jump and long jump. If a meet director can only secure two wind gauges, the meet can still be contested with some logistical planning and cooperation from the horizontal jumps. Since the track gauge is only needed for four events, one of the gauges at either the triple jump or the long jump can be set up for the track events and then returned once the track event is completed. However, this does suspend one of the horizontal jumps for a period of time.
2. The track anemometer shall be positioned 4 feet above the ground and within 2 meters of the track, midway between the start and the finish. During the 200-meter dash, it shall be placed midway between the start of the straightaway and the finish line. For the long and triple jumps, it will be placed 4 feet above the ground and within 2 meters of the runway, 20 meters from the takeoff board.

Once in the correct position, the wind gauge should be set up so that it faces the start, in order to measure any favoring wind. A good way to test for this is to blow into the directional tube and start the anemometer. The result should be a positive or plus reading which indicates the gauge has been set up properly.

3. Communication with the wind gauge operators is essential to recording accurate wind readings. Although simple to operate, the mode must be changed depending on the event being contested.

For the horizontal jumps, the mode must be set for 5 seconds. Some gauges might specify “long/triple jump” in the display window but most will just say “5 seconds”. The device should be started when the jumper begins his/her approach. It will count backwards from 5 to 0 and then print the average wind speed during the 5 seconds the athlete made their attempt. A reading will then appear in the display and should be passed on to the event judge. The wind speed will be recorded for every legal jump that occurs. Every legal mark for every jumper must be accompanied by the wind gauge reading taken at the time of his/her attempt. Any positive reading indicates a favorable wind for the athlete. A reading that exceeds +2.0 meters per second will disallow that mark as a ranking for the state meet, although it has no effect on event results for the current competition. A negative reading indicates the athlete was running and jumping into the wind.

The same procedure holds true for the track events. Set the mode according to the event being contested. A 10-second mode is used for the 100-meter dash and 200-meter dash. A 13-second mode is used for the short hurdle events. The wind gauge should be started at the beginning of the straightaway portion of the race. Therefore, start the gauge with the gun for the 100-meter dash, 100-meter hurdles and 110-meter hurdles. For the 200-meter dash, the gauge must be started when the lead runner hits the straightaway. The wind reading taken during each heat of the specified races should be recorded on the result sheet. Again, positive readings indicate favorable winds. Positive readings in excess of +2.0 meters per second will negate any state ranking marks in that heat. Of course, any marks recorded (regardless of wind readings) are used to determine results for the current competition.

At the conclusion of the meet, the meet director will then upload the results into the state’s ranking system. Only times and jumps with legal wind readings will be accepted into the rankings. While some may see wind gauges and extra recording forms as a burden in administering their meet, the goal is to provide an equal qualifying opportunity for every athlete at any given meet site across the state.

RECORD APPLICATION- HIGH SCHOOL TRACK & FIELD

****PLEASE CONTACT LANE VERVERS (lververs@chsaa.org) FOR THIS FORM****

COLORADO HIGH SCHOOL ACTIVITIES ASSOCIATION 14855 East Second Avenue Aurora, Colorado 80011

HIGH SCHOOL TRACK & FIELD RECORD APPLICATION

NOTE: Please type or print requested information and secure all necessary signatures on this form before sending to the Colorado High School Activities Association for a signature. When a national record is involved, contact CHSAA for the appropriate National Federation Record Application Form.

Date of Application _____

Application is hereby made for a RECORD in the:

(Event) _____

(name of meet) _____

Sanctioned by Colorado High School Activities Association. Held at: (place) _____
on (date) _____.

Full name of competitor for whom record is claimed (Give full name of all members of a relay team):

_____	Age In: Yrs _____ Mo _____
_____	Age In: Yrs _____ Mo _____
_____	Age In: Yrs _____ Mo _____
_____	Age In: Yrs _____ Mo _____

This competitor(s) is an eligible member of the _____ High School of (place) _____. The claimed record was: (time, height or distance) _____. The track was an all-weather surface (asphalt aggregate or other synthetic surface)? _____. How many schools were represented in the meet? _____

If a track event, was the timing ____ manual ____ semi-automatic ____ fully automatic?

Signed _____
Coach

CERTIFICATE OF THE TIMEKEEPERS. We certify that the times set opposite our respective signatures are the exact times respectively recorded by us, that they were recorded without conference and in accordance with the National Federation Rules. If timing was done electronically, was it partial or fully automatic? _____

Time	Signature	Address (City, State)
_____	_____	_____
_____	_____	_____
_____	_____	_____

-OVER-

CERTIFICATE OF JUDGES (In Field Events). We certify that the measurements set opposite our respective names are the exact measurements we respectively recorded in the foregoing event in accordance with the National Federation Rules.

Distance or Height

Signature

Address (City, State)

_____ Event Judge _____

_____ Head Field
Judge or Referee _____

CERTIFICATE OF INSPECTOR. I certify that I inspected the implement employed by the claimant and found it to be official in every way and/or a properly functioning wind gauge was used to determine that the prevailing wind was not above acceptable limits.

Inspector of Implements or Head Field Judge/Wind Gauge Operator

CERTIFICATE OF WITNESSES. We certify that we were present at the time the foregoing claimed record was made. All conditions were in accordance with the CHSAA - National Federation Rules.

Registered starter/referee/official

Address

COLORADO HIGH SCHOOL ACTIVITIES ASSOCIATION. The above record application is accepted as official and meets all state criteria.

CHSAA Official

Date

RECORDS (STATE TRACK MEET)

Track and Field State Meet Records

(Established in State Meet competition)

CHSAA Classifications changed from three classes (A, AA, AAA) to five classes (2A, 3A, 4A, 5A, 6A) in 1991 with the A records assigned to Class 2A, the AA records assigned to Class 4A and AAA records assigned to Class 6A. The 6A classification was eliminated after the 1994 season and the 5A & 6A records were merged. Class 1A competition began in 2011.

The first CHSAA state meets conducted on metric tracks were as follows: 1980 – Class AA, Lincoln Park, Grand Junction; 1981 – Class AAA, Dutch Clark Stadium, Pueblo; & 1981 – Class A, Aurora Public Schools Stadium, Aurora. All metric running events started in those years replacing the original yard events unless otherwise noted below. All yard event records were retired, and new metric records were established. All Boys Field Events have been part of the meet program since 1902 unless otherwise noted below. Girls Field events began with the first Girls State Track Meet in 1968 unless otherwise noted below.

For a complete list of Track & Field State Meet Records, please click [HERE](#)

RECORDS – ALL-CLASSIFICATION – PREP – BOYS AND GIRLS

To be listed, all Times/Marks must be set at a sanctioned track & field meet held within the State of Colorado during the CHSAA Track & Field Season.

For a complete list of boys and girls all-classification records, please click [HERE](#)

QUALITY EXPECTATIONS FOR QUALIFYING MEETS INFORMATION



QUALITY OF QUALIFYING MEETS

It is an expectation that all CHSAA qualifying meets are held to a higher standard than a regular meet. There is more to a qualifying meet than having a fully automatic timing system, certified starter, running and field referees. Every person that is an officiating/working position should have the knowledge that is appropriate for that event and is up to date with the newest rules of Track and Field. They should have all the equipment they need to run that event, prior to the start of the meet.

Every COACH, MEET MANAGER, WORKER AND OFFICIAL plays a role in the success of a qualifying meet. The meet manager should send out any vital information a couple days before the meet, they should hold a brief workers and coaches meeting prior to the start of the meet.

The hurdle, exchange zone, and curve judges should have white and yellow flags. Wind gauges for the running events, long and triple jump should be set up correctly and have qualified persons to run them. All wind speeds need to be recorded

You may run a multi-league meet.

Field Events

The workers should have all the equipment needed to run their field events.

Tape measures that start at 0, marking devices, rakes, brooms, cones, clip boards, pencils etc. Field event judges should have red and white flags.

Pole Vault and High Jump:

- (1.) legal pits with extra padding to go around the pit and vaulting box
- (2.) legal standards and weight scale to weigh in pole vault competitors
- (3.) two adult judges and cross bar helpers.

Long and Triple Jump:

- (1.) wind gauges with a qualified person to run them
- (2.) jumping pits should be full of sand and raked level after every jump
- (3.) two adult judges--one at the foul line and one marking in the pit
- (4.) you will need tape pullers and many people to rake (this is a hard job)

Shot and Discus:

- (1.) Three adult judges --one at the throwing circle, and two out in the field to mark every throw – **no pinning**
- (2.) You will also need workers to carry the implement back to the thrower.

Implement Inspector: Weight scale, tools to measure the diameter, circumference, and length, weight and size dimension sheet and a marking tool.

PRE-MEET CHECK LIST FOR QUALIFYING TRACK AND FIELD MEETS

For a complete Pre-Meet Check List for Qualifying Track and Field Meets, please go [HERE](#).

FIELD EVENT INFORMATION FORMS

For complete information on all field events, please go to:

[DISCUS](#)

[HIGH JUMP](#)

[LONG JUMP](#)

[POLE VAULT](#)

[SHOT PUT](#)

[TRIPLE JUMP](#)

TRACK QUALIFYING MEET REPORT FORM

****THIS FORM MUST BE COMPLETED BY CLICKING [HERE](#)****



TRACK QUALIFYING MEET REPORT FORM

UPDATED DECEMBER 2019

This form must be emailed to Lane Ververs (lververs@chsaa.org) within 48 hours of Qualifying Meet completion or meet results will be deleted from MaxPreps rankings. Follow-up communication will be sent if all criteria is not met which may lead to results not being accurate as a qualifying meet.

DATE OF REPORT: _____

DATE OF STATE QUALIFYING MEET: _____

NAME OF MEET: (PRINT) _____

MEET DIRECTOR(S) (PRINT): _____

CELL PHONE OF MEET DIRECTOR(S): _____

E-MAIL ADDRESS OF MEET DIRECTOR(S): _____

4 REQUIRED CTFOA CERTIFIED OFFICIALS FOR THIS MEET WERE:

THE FOUR REQUIRED OFFICIALS ARE (1) STARTER, (1) TRACK REFEREE, (1) FIELD REFEREE AND (1) ASSISTANT STARTER OR (1) CLERK OF COURSE

STARTER: (PRINT) _____
(CTFOA CERTIFIED)

TRACK REFEREE: (PRINT) _____
(CTFOA CERTIFIED)

FIELD REFEREE: (#1 PRINT) _____
(CTFOA CERTIFIED)

ASSISTANT STARTER or CLERK OF COURSE: (PRINT) _____
(CTFOA CERTIFIED)

ADDITIONAL OFFICIALS & STAFF FOR THIS MEET WERE:

FIELD REFEREE: (#2 IF USED) _____
(CTFOA CERTIFIED)

WIND GUAGE OPERATOR (TRACK): (PRINT) _____
(IF TIED TO TIMING SYSTEM, NO PERSON IS NEEDED)

WIND GUAGE OPERATOR (LONG JUMP) (PRINT) _____
(IF RUN SIMULTANEOUSLY, THIS INDIVIDUAL MUST BE DIFFERENT THAN THAT USED FOR TRIPLE JUMP)

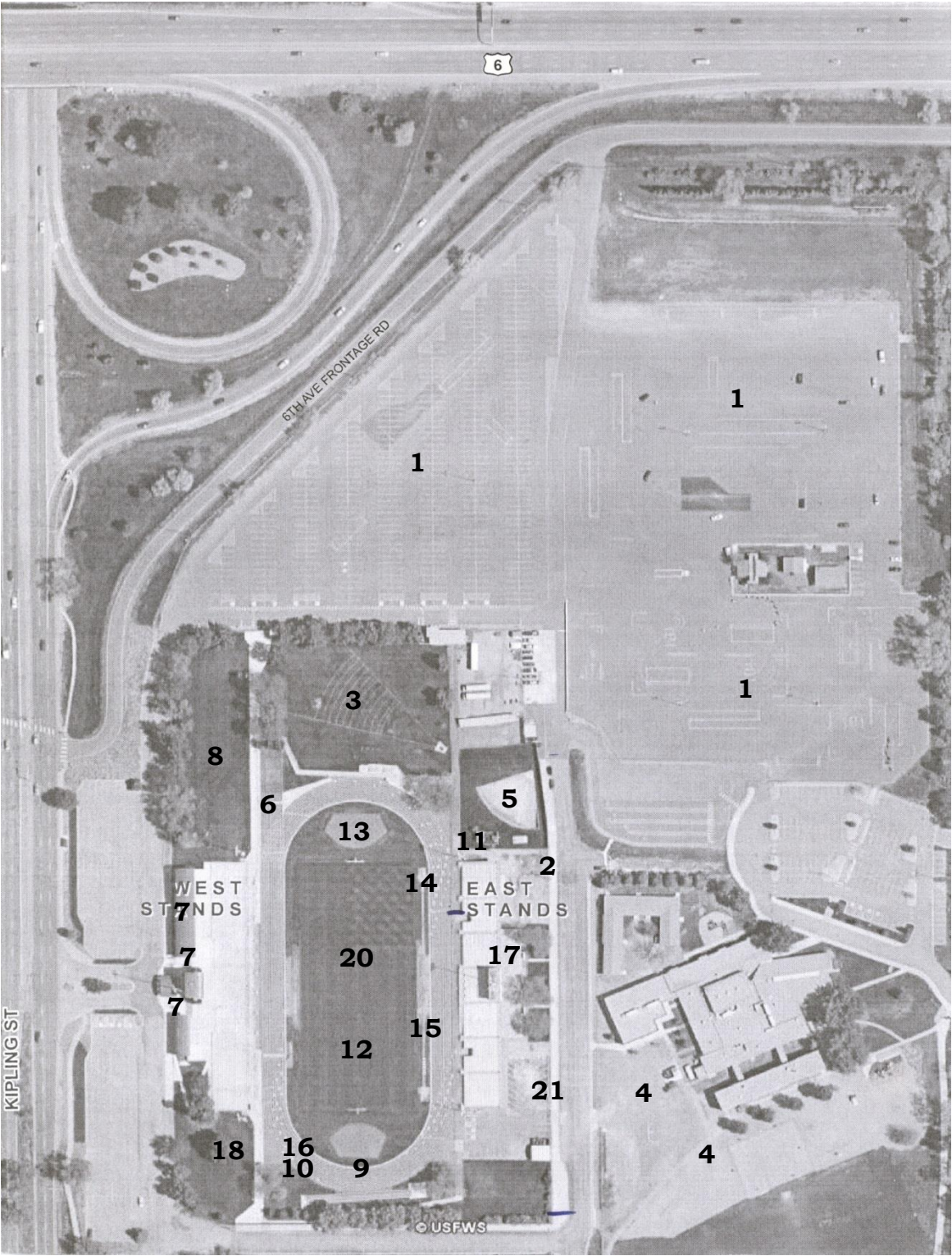
WING GUAGE OPERATOR (TRIPLE JUMP): (PRINT) _____
(IF RUN SIMULTANEOUSLY, THIS INDIVIDUAL MUST BE DIFFERENT THAN THAT USED FOR LONG JUMP)

NOTE: As the Meet Director, you are no longer required to report uniform violations on this report.

I certify that I have reviewed all meet results and have met all criteria: _____
Signature of Meet Director

*This form must be E-mailed to Lane Ververs (lververs@chsaa.org) within **48 HOURS** of meet completion or meet results will be deleted from MaxPreps.*

JEFFERSON COUNTY STADIUM MAP



KEY FOR MAP	
1	Spectator Parking
2	Competitor/Coaches Entrance & Athlete Drop-off
3	Discus
4	Workers Parking
5	Shot Put
6	Clerk/Race Check-In
7	Ticket sales Booths
8	Warm-up
9	Pole Vault
10	Athletic Trainers
11	Implement Weigh-Ins
12	Awards
13	High Jump
14	Triple Jump Area
15	Long Jump Area
16	Inquiry Table
17	Team Camp
18	Coaches Hospitality
20	Warm-up Area
21	Pole Vault Entrance
No Parking Allowed on Thursday & Friday at Miller Special School to South of Stadium	

Buses will be directed to bus parking area

HOTEL INFO

SHERATON DENVER WEST

[Book the CHSAA group rate](#)

Last Day to Book: Monday, June 15, 2021



SHERATON

Denver West Hotel

HAMPTON INN DENVER WEST FEDERAL CENTER

Book the CHSAA group rate:

<https://www.hilton.com/en/book/reservation/deeplink/?&ctyhocn=DENLWHX&groupCode=CHHSFT&arrival=20210624&departure=20210626&cid=OM,WW,HILTONLINK,en,DirectLink&fromId=HILTONLINKDIRECT>

For phone reservations, call **1 (800) 445-8667** or **(303) 969-9900** and ask for the “State Track & Field” group rates

Last Day to Book: Monday, June 14, 2021



SPORTS MEDICINE ADVISORY COMMITTEE (SMAC) INFORMATION



**For information on concussion management, heat acclimatization, heat illness, hydration, dehydration, and all other CHSAA Sports Medicine topics, please visit the [CHSAA Sports Medicine Advisory Committee Handbook](#).
CHSAA LIGHTNING AND TORNADO POLICY AND PROCEDURES**

DEFINITION

LIGHTNING

In the United States, an average of 300 people are struck by lightning each year. Of those struck, there are approximately 40 fatalities from lightning each year. Approximately 50-60% of lightning casualties occur during organized sports or recreational activities according to the National Weather Service. Most of these fatalities can be prevented.

Weather Apps

- It is strongly recommended that an independent and objectively verified weather app (such as the WeatherBug® Spark™ App, Storm by Weather Underground, or the National Weather Service app) be available at all outdoor activities, including practices and contests. This should be part of your venue-specific emergency action plan.
- Acceptable alternatives to the verified weather apps include but are not limited to: immediate contact with the local weather services, local television or radio. Access to these sources can be through the Internet, cellular telephone and/or any other means that provides the information needed for real time decisions to be made.

GUIDELINES/PROCEDURES

In your venue-specific emergency action plan, you must:

1. Assign a staff member to monitor local weather conditions before and during practices and contests. This staff member is designated to make the final call on suspending and resuming the game.
2. Develop an evacuation plan, including identification of appropriate nearby safer areas and determine the amount of time needed to get everyone to a designated safer area:
 - a. Utilize announcements/public address announcer to help guide teams and fans to the appropriate shelter and identifying safe places as noted below.
 - b. Safe locations need to be identified and shared with teams, spectators and workers prior to the start of the activity or athletic event.
 - c. A designated safer place is a substantial building with plumbing and wiring where people live or work, such as a school, gymnasium, locker rooms or buses/cars. An alternate safer place from the threat of lightning is a fully enclosed (not convertible or soft top) metal car or school bus.
 - d. Unsafe locations include but are not limited to: Picnic areas, parks, open sided shelters (dugouts), storage sheds, open garages, tents, press boxes, areas close to open water, tall objects such as trees, poles, towers, and elevated areas.**
3. When a thunderstorm seems imminent, lightning is seen or heard, or the weather app indicates that lightning is within 8-10 miles, the outdoor venue (small or large) needs to be evacuated. Proceed to a lightning safe area.
4. Activities shall be suspended, and all personnel are directed to move to safe locations. The call to suspend activity due to close lightning should be based on how fast the storm is approaching and the amount of time it will take for event

participants to take appropriate safe shelter. At a minimum, by the time the lightning storm has reached 8 miles away from the location of the outdoor activity, all individuals should have left the outdoor athletic site and reached a safe location. Weather monitoring subscriptions should be set at an 8-10 mile radius from the center of the sporting event (venue specific).

5. Criteria for suspension and resumption of play:

- a. When thunder is heard or lightning is seen*, the leading edge of the thunderstorm is close enough to strike your location with lightning. Suspend play for at least 30 minutes and vacate the outdoor activity to the previously designated safer location immediately.
- b. 30-minute rule. Once play has been suspended, wait at least 30 minutes after the last thunder is heard or lightning is witnessed* prior to resuming play.
- c. Any subsequent thunder or lightning* after the beginning of the 30-minute count will reset the clock and another 30-minute count should begin.
- d. When lightning-detection devices or mobile phone apps are available, this technology could be used to assist in making a decision to suspend play if a lightning strike is noted to be within 10 miles of the event location. However, you should never depend on the reliability of these devices and, thus, hearing thunder or seeing lightning* should always take precedence over information from a mobile app or lightning- detection device.

*** – PER NFHS** At night, under certain atmospheric conditions, lightning flashes may be seen from distant storms. In these cases, it may be safe to continue an event. If no thunder can be heard and the flashes are low on the horizon, the storm may not pose a threat. Independently verified lightning detection information would help eliminate any uncertainty.

6. Review the lightning safety policy annually with all administrators, coaches and game personnel and train all personnel.

7. Inform student-athletes and their parents of the lightning policy at start of the season in your pre-season meeting.

No App or Technology Available

When a weather app is not available, the default NFHS policy that appears in the Rules Book of each sport shall be followed. In brief, that policy requires suspension of all activity when cloud-to-ground lightning is observed, or thunder is heard. If thunder is heard, lightning is assumed to be striking within 10 miles.

Implement the Thirty Minute Rule as noted in the NFHS Policy.

When activities are suspended, the following individuals shall be responsible for the safety of personnel:

- The head coach for players and other team personnel.
- Game management guiding spectators and personnel to safe areas
- The senior official for the officiating crew.
- All game management personnel, administrators, coaches and officials must be thoroughly familiar with the NFHS default policy as well as this policy.

MANAGEMENT

People who have been struck by lightning do not carry an electrical charge and are safe to be touched by others.

- Call 911

- If possible, an injured person should be moved to a safer location before starting CPR.
- Start cardiopulmonary resuscitation (CPR).
- Lightning-strike victims with signs of cardiac or respiratory arrest need immediate emergency help.
- Activate the local emergency management system and utilize an AED if available. Prompt, effective CPR has been highly successful for the survival of lightning strike victims.

DEFINITIONS

TORNADO

- Tornado Watch - indicates tornadoes are possible
- Tornado Warning - tornado siren sounds signaling tornado sighted or tornado indicated by radar

GUIDELINES/PROCEDURES

- Develop a tornado specific EAP for each venue or event.
- Designated weather watcher (above) notifies site or athletic director of approaching storm and communicates direction and speed of storm.
- If a tornado warning is initiated, immediate event delay should be implemented, and all participants, spectators and athletic staff should SEEK SHELTER IMMEDIATELY. Once inside a secure location, tune to local weather alert radio to be informed of storm location, path and duration of tornado warning.
- Warning may be extended, or a new warning issued at any time, so continued monitoring is needed. During tornado warning, sirens will sound for 3 minutes at a time. Depending on duration of warning, sirens may re-sound multiple times.
- Safe shelter from tornado = inside lowest building level, away from exterior walls/windows, with windows closed. If outside, lie flat in a ditch or depression and cover head with hands or stay in a car with seatbelt on. Be aware of potential flooding. DO NOT take cover under an overpass or bridge. Never try to outrun a tornado in urban or congested areas. Be aware of flying debris.

All clear - tornado warning will expire after duration specified by National Weather Service and weather watcher notifies site director that warning has ended and event can resume.

REFERENCES

Walsh KM, Cooper MA, Holle R, Rakov VA, Roeder WP, Ryan M; National Athletic Trainers' Association. National Athletic Trainers' Association position statement: lightning safety for athletics and recreation. J Athl Train. 2013 Mar-Apr;48(2):258-70

National Weather Service Lightning Safety Tips and Resources: <https://www.weather.gov/safety/lightning>

National Federation of State High Schools Association's Guidelines on Handling Practices and Contests During Lightning or Thunder Disturbances:

http://www.nfhs.org/media/1014153/guidelines_on_handling_practices_contests_during_lightning_thunder_disturbances_march_2018.pdf

National Oceanic and Atmospheric Administration: <http://www.noaa.gov>

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Paralympic/Unified & the Geoffrey Zaragoza Special Olympics Races

Athletic Directors/Coaches:



- **Geoffrey Zaragoza Special Olympic 100m** – Thursday, June 24 @ 11:25 AM
- **100m Paralympic** – Thursday, June 24 @ 11:45 AM
- **200m Paralympic/Special Olympic** – Thursday, June 24 @ 12:25 PM
- **Paralympic/Special Olympic Shot Put** – Friday, June 25 @ 11:45 AM
- **Paralympic/Special Olympic Long Jump** – Friday, June 25 @ 12:30 PM
- **Paralympic/Special Olympic Discus** – Friday, June 25 @ 4:00 PM



****THESE TIMES ARE TENTATIVE UNTIL STATED AS FINAL****

If you have a student/athlete that would like to participate in any of these events, please contact Lane Ververs (lververs@chsaa.org)