**Track & Field**

**2014 General Information**

**RESTROOMS:** There are restrooms located at the top of each side of the stands. (Please read the signs for designated genders)

**TRAINERS:** We will have limited access to trainers. CSU-Pueblo trainer and Pueblo West P.T will be available at southeast garage. Please provide all necessary athletic training supplies.

**NOTES:** Athletic field house and the deck area attached to the field house are off limits to all participants.

**Directions**

**CSU-Pueblo (ThunderBowl)**

From Interstate 25, take Exit 101 to Highway 47 heading East. Follow signage to the Neta and Eddie DeRose ThunderBowl. Exit at Troy Ave and take a left. Follow Troy Avenue around the round-about, the track will be on your right, the throws area to the left.

**Early Bird Invitational TRACK MEET**

# SATURDAY, March 11, 2017

CSU-Pueblo Neta & Eddie Derose Thunderbowl

8:00 Weigh-ins – TBD

8:15 Coaches’ Meeting

**FIELD EVENTS**

8:30 Boys - Discus, Long Jump

 Girls - Shot, High Jump, Triple Jump, Pole Vault

11:30 Boys - Shot, Triple Jump, High Jump, Pole Vault

 Girls - Discus, Long Jump

**RUNNING EVENTS**

8:30am Fast Heat 3200m (girl’s then boy’s)

9:00am Girls Sprint Medley Relay

9:10am Boys Sprint Medley Relay

9:20am Girls 4x8 Relay

9:35am Boys 4x8 Relay

9:50am Girls 100m Hurdles

10:10pm Boys 110m Hurdles

10:30pm Girls 100m

11:00pm Boys 100m

11:30pm Girls 1600m Medley Relay

11:45pm Boys 1600m Medley Relay

12:00pm Girls 4x2 Relay

12:20pm Boys 4x2 Relay

12:40pm Girls 1600m

1:00pm Boys 1600m

1:20pm Girls 4x1 Relay

1:30pm Boys 4x1 Relay

1:40pm Girls 400m

2:00pm Boys 400m

2:20pm Girls 300m Hurdles

2:40pm Boys 300m Hurdles

2:55pm Girls 800m

3:10pm Boys 800m

3:25pm Girls 200m

3:55pm Boys 200m

4:15pm Girls 3200m

4:35pm Boys 3200m

4:50pm Girls 4x4 Relay

5:10pm Boys 4x4 Relay

This is a very optimistic schedule with 26 teams. Please let athletes and parents know that we will follow a rolling schedule and not stick to listed times whether ahead or behind.