**PPAC JV Track Meet hosted by Air Academy**

Announcer: (Megaphone) Air Academy

Starter: Air Academy

Clerk: Air Academy (Athletes will check in at the line)

Hurdle Crew: Air Academy

Timers: You are responsible for your own runners

**Timers**

Lane 1: LP

Lane 2: VR/DCC

Lane 3: AA/Fal

Lane 4: VR/SC

Lane 5: CM

Lane 6: PR

**Field Events**

All field events will be run by Air Academy

High Jump G 4’ B 5’ (Girls will be first, followed immediately by the boys)

Long/Triple Jumps Open pit 3 jumps

Shot/Discus: 3 throws (stakes for longest throw measure at end of flight, Boys will begin on Disc and Girls on Shot. Boys Shot will begin as soon as Girls shot ends. Girls Disc will begin as soon as the boys are done.)

**Notes**

Unified athletes from all schools are invited to participate.

Athletes check in at start line. We will try to make the first heat the fastest from each school. Announcements will be, 1st-3rd Call, and Check in. Please be aware of the event running and the next one to run.

Coaches are responsible for recording their own times and marks. Field events will have the sheet afterward to look at.

No 4x800 or SMR

Teams can make camps on the grass North of the Start/Finish south of the batting cages and to the West of the soccer practice fields. Water coolers will be available and ice upon request.

Please enter thru the South Gate, drivers will need license and registration ready if asked.

**Order of Events**

3:15 Coaches Meeting Field event sign in and warm ups. Please locate starting marks now.

3:30 All events begin, rolling schedule

**Running**

Girls followed by boys

100/110 Hurdles

100

4x200

1600

4x100

400

300 Hurdles

800

200

4x400

3200

**Field Events**

HJ Girls

TJ Girls

LJ Boys

Discus Boys

Shot Girls

**Second Events immediately following the conclusion of the 1st events**

HJ Boys

TJ Boys

LJ Girls

Discus Girls

Shot Boys